



# Meia Maratona Baía do Seixal

14 de Janeiro, 2024

<https://www.werun.pt/resultados/meia-maratona-baia-do-seixal-2024/>

| Pos. | Dorsal | Nome                              | Tempo Bruto | Tempo Líquido | Escalão | Equipa                                   | Pos. Escalão |
|------|--------|-----------------------------------|-------------|---------------|---------|--|--------------|
| 1    | 9      | DMITRIJS SERJOGINS                | 01:07:49    | 01:07:48      | M0034   |  | 1            |
| 2    | 10     | LYAZID IMGHARENE                  | 01:08:37    | 01:08:37      | M4044   | PONTERROLENSE                            | 1            |
| 3    | 73     | DANIEL PINHEIRO                   | 01:09:26    | 01:09:26      | M4044   | PAC RUNNING ACADEMY                      | 2            |
| 4    | 11     | SAID AMEQRANE                     | 01:10:40    | 01:10:40      | M0034   | PONTERROLENSE                            | 2            |
| 5    | 8      | JOAO FERREIRA                     | 01:11:26    | 01:11:25      | M0034   | MF GRUPO                                 | 3            |
| 6    | 709    | BRUNO MIGUEL FERNANDES DOS SANTOS | 01:11:54    | 01:11:54      | M3539   | GRUPO DESPORTIVO RECREATIVO DA REBOLEIRA | 1            |
| 7    | 4      | JOSÉ VEIGA                        | 01:13:20    | 01:13:20      | M0034   | ASSOCIAÇÃO DE JOVENS DA LANDEIRA         | 4            |
| 8    | 1      | ANDRÉ FILIPE RODRIGUES LUNA COSTA | 01:14:00    | 01:14:00      | M0034   | CASA DO BENFICA DE REGUENGOS DE MONSARAZ | 5            |
| 9    | 620    | LUIS MARGARIDO                    | 01:14:47    | 01:14:47      | M3539   | VITÓRIA FUTEBOL CLUBE                    | 2            |
| 10   | 17     | ALEXANDRE SILVA                   | 01:14:51    | 01:14:51      | M0034   | MF GRUPO                                 | 6            |
| 11   | 783    | ALEXANDRE FELÍCIO                 | 01:15:55    | 01:15:52      | M0034   | CORRER LISBOA                            | 7            |
| 12   | 825    | LUIS BAÇO                         | 01:15:56    | 01:15:56      | M4549   | CARACÓIS DE PEDRA                        | 1            |
| 13   | 266    | RICARDO JORDÃO                    | 01:16:00    | 01:16:00      | M4044   | CLUBE DE PRAÇAS DA ARMADA                | 3            |
| 14   | 308    | NUNO SOARES                       | 01:16:18    | 01:16:17      | M4044   |  | 4            |
| 15   | 3      | MIGUEL FILIPE SUSPIRO PECEGUEIRO  | 01:16:21    | 01:16:21      | M0034   | GRCD LEIÃO                               | 8            |
| 16   | 461    | AFONSO ANTUNES                    | 01:16:50    | 01:16:50      | M0034   | GRCD LEIÃO                               | 9            |
| 17   | 18     | LUIS MOLEIRO                      | 01:16:54    | 01:16:54      | M0034   | MF GRUPO                                 | 10           |

|    |     |                                   |          |          |       |                                       |    |
|----|-----|-----------------------------------|----------|----------|-------|---------------------------------------|----|
| 18 | 16  | ADRIANO<br>CORREIA                | 01:17:47 | 01:17:47 | M0034 | MF GRUPO                              | 11 |
| 19 | 703 | PAULO<br>GARCIA                   | 01:18:00 | 01:18:00 | M5054 | CF OS BELENENSES                      | 1  |
| 20 | 814 | ALEXANDRE<br>VILAS-BOAS           | 01:18:11 | 01:18:09 | M0034 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 12 |
| 21 | 84  | PEDRO<br>PEREIRA                  | 01:18:25 | 01:18:25 | M4044 | FEDERAÇÃO DA FAMILIA                  | 5  |
| 22 | 232 | JOÃO SILVA                        | 01:18:26 | 01:18:26 | M4549 | GM 1ºDEZEMBRO QUEIJAS                 | 2  |
| 23 | 626 | JOÃO MATEUS                       | 01:18:36 | 01:18:36 | M3539 | RB RUNNING                            | 3  |
| 24 | 384 | CÉSAR<br>ALMEIDA                  | 01:19:00 | 01:18:59 | M4044 | BOBADELAS RUNNING TEAM                | 6  |
| 25 | 288 | FREDERICO<br>CERDEIRA             | 01:19:33 | 01:19:33 | M4044 | ONTRISPORTS                           | 7  |
| 26 | 679 | FRANCISCO<br>PEDRO                | 01:20:04 | 01:20:04 | M5054 | PONTERROLENSE                         | 2  |
| 27 | 730 | IVO RELVEIRO                      | 01:20:39 | 01:20:39 | M0034 | RB RUNNING                            | 13 |
| 28 | 74  | RAFAEL<br>CÂNDIDO                 | 01:20:39 | 01:20:39 | M3539 |                                       | 4  |
| 29 | 601 | TELMO<br>NOGUEIRA                 | 01:20:47 | 01:20:45 | M4044 | ALHANDRA SC                           | 8  |
| 30 | 701 | PAULO JORGE<br>DE SOUSA<br>TORRES | 01:20:54 | 01:20:54 | M4549 | CF OS BELENENSES                      | 3  |
| 31 | 768 | FRANCISCO<br>MATOS                | 01:20:56 | 01:20:54 | M3539 |                                       | 5  |
| 32 | 7   | JOANA<br>FONSECA                  | 01:21:06 | 01:21:06 | F3539 | GFD RUNNING                           | 1  |
| 33 | 267 | SÉRGIO PAIVA                      | 01:21:14 | 01:21:14 | M5054 |                                       | 3  |
| 34 | 14  | NUNO<br>CARPINTEIRO               | 01:21:17 | 01:21:17 | M4044 | CLUBE ATLETISMO RAQUEL<br>CABAÇO      | 9  |
| 35 | 651 | ROBERTO<br>GUERREIRO              | 01:21:18 | 01:21:17 | M4044 | RB RUNNING                            | 10 |
| 36 | 450 | HUGO<br>PALMEIRO                  | 01:21:56 | 01:21:56 | M4549 | LINDA-A-PASTORA SPORTING<br>CLUBE     | 4  |
| 37 | 86  | MARCO<br>CUNHA                    | 01:21:58 | 01:21:56 | M3539 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 6  |
| 38 | 2   | LAURA GRILO                       | 01:21:58 | 01:21:58 | F4044 | CLUBE DE PRAÇAS DA<br>ARMADA          | 1  |
| 39 | 682 | DUARTE<br>SANTOS                  | 01:22:06 | 01:22:03 | M0034 | MF GRUPO                              | 14 |

|    |     |                            |          |          |       |                                    |    |
|----|-----|----------------------------|----------|----------|-------|------------------------------------|----|
| 40 | 89  | TIAGO ENCARNAÇÃO           | 01:22:13 | 01:22:12 | M3539 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE | 7  |
| 41 | 753 | ROMÁRIO ALMEIDA            | 01:22:26 | 01:22:26 | M5054 | WALKANDRUN / WERUN                 | 4  |
| 42 | 467 | PEDRO PELADO               | 01:22:34 | 01:22:34 | M3539 | CATA-CLUBE DE ATLETISMO DE AMORA   | 8  |
| 43 | 644 | SÉRGIO MALHEIRO            | 01:22:36 | 01:22:36 | M4044 | LINDA-A-PASTORA SPORTING CLUBE     | 11 |
| 44 | 711 | RICARDO PINELA             | 01:22:42 | 01:22:42 | M0034 | RB RUNNING                         | 15 |
| 45 | 71  | LUIS SANTOS                | 01:22:44 | 01:22:44 | M4044 | GD SÃO DOMINGOS                    | 12 |
| 46 | 419 | HERNANI DE JESUS FERNANDES | 01:22:49 | 01:22:49 | M5054 | GT10.30SX                          | 5  |
| 47 | 5   | INÊS MARQUES               | 01:22:49 | 01:22:49 | F0034 | OCS - ARRÁBIDA TRAIL TEAM          | 1  |
| 48 | 396 | RICARDO PEREIRA            | 01:22:50 | 01:22:49 | M4549 | AMINHACORRIDA/RUNEXTREM            | 5  |
| 49 | 324 | HENRIQUE JANOTA            | 01:22:52 | 01:22:52 | M5054 | CARACÓIS DE PEDRA                  | 6  |
| 50 | 473 | MARCOLINO VERISSIMO        | 01:22:54 | 01:22:54 | M5054 | CDR ÁGUIAS UNIDAS                  | 7  |
| 51 | 310 | FILIPE TORRES              | 01:22:55 | 01:22:54 | M4044 | ASSOCIAÇÃO 20KMS DE ALMEIRIM       | 13 |
| 52 | 628 | VITOR PARADA               | 01:23:00 | 01:23:00 | M4044 | ZIMBRA FOX RUNNERS                 | 14 |
| 53 | 15  | FREDERICO LÁZARO           | 01:23:04 | 01:23:01 | M4549 | CF OS BELENENSES                   | 6  |
| 54 | 674 | DIOGO MADEIRA              | 01:23:10 | 01:23:07 | M3539 | MF GRUPO                           | 9  |
| 55 | 234 | HUGO DOMINGOS              | 01:23:22 | 01:23:22 | M4549 | LINDA-A-PASTORA SPORTING CLUBE     | 7  |
| 56 | 476 | JOÃO LIBÂNIO               | 01:23:33 | 01:23:33 | M0034 | CARACÓIS DE PEDRA                  | 16 |
| 57 | 402 | JOÃO FILIPE REIS BAPTISTA  | 01:24:12 | 01:24:09 | M3539 | ONTRISPORTS                        | 10 |
| 58 | 63  | BRUNO FILIPE BERTÃO PINTO  | 01:24:16 | 01:24:11 | M4549 | GRCD LEIÃO                         | 8  |
| 59 | 340 | JOÃO MOTA                  | 01:24:31 | 01:24:31 | M5054 | ASSOCIAÇÃO 20KMS DE ALMEIRIM       | 8  |
| 60 | 46  | LUIS FILIPE MESTRE ALLEN   | 01:24:38 | 01:24:30 | M5559 | GRUPO DESPORTIVO SANTANDER TOTTA   | 1  |
| 61 | 373 | PEDRO RILHÓ                | 01:24:42 | 01:24:41 | M3539 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE | 11 |

|    |     |   |          |          |       |                                       |    |
|----|-----|---|----------|----------|-------|---------------------------------------|----|
| 62 | 24  | NUNO MIGUEL<br>SOARES<br>TINTIM                 | 01:24:47 | 01:24:46 | M4549 | GRCD LEIÃO                            | 9  |
| 63 | 317 | JOÃO COSTA                                      | 01:24:48 | 01:24:42 | M0034 | JC RUNNER'S                           | 17 |
| 64 | 290 | TIAGO LOBO                                      | 01:24:51 | 01:24:51 | M4549 |                                       | 10 |
| 65 | 664 | JOSE BREDA                                      | 01:24:55 | 01:24:55 | M4549 |                                       | 11 |
| 66 | 105 | FÁBIO LIMA                                      | 01:24:55 | 01:24:52 | M3539 | TS TRAINING SQUAD                     | 12 |
| 67 | 205 | ANTÓNIO<br>ROQUE                                | 01:25:00 | 01:25:00 | M3539 | CARACÓIS DE PEDRA                     | 13 |
| 68 | 23  | NUNO<br>GONÇALO<br>SERRARIO<br>DIAS<br>QUINTELA | 01:25:20 | 01:25:19 | M3539 | GRCD LEIÃO                            | 14 |
| 69 | 691 | PAULO<br>GOMES                                  | 01:25:20 | 01:25:15 | M4044 | WALKANDRUN / WERUN                    | 15 |
| 70 | 815 | HUGO VILAS-<br>BOAS                             | 01:25:23 | 01:25:15 | M0034 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 18 |
| 71 | 75  | MARCO PINTO                                     | 01:25:27 | 01:25:27 | M0034 | UD ALFORNELOS                         | 19 |
| 72 | 431 | RUI SANTOS                                      | 01:25:29 | 01:25:25 | M4549 | RUI ROSADO SANTOS                     | 12 |
| 73 | 90  | HUGO<br>BARRETO                                 | 01:25:32 | 01:25:28 | M4044 | ONTRISPORTS                           | 16 |
| 74 | 220 | RUI<br>HENRIQUES                                | 01:25:36 | 01:25:36 | M5054 | WALKANDRUN / WERUN                    | 9  |
| 75 | 755 | HÉLDER<br>COTRIM                                | 01:25:40 | 01:25:38 | M4044 | WALKANDRUN / WERUN                    | 17 |
| 76 | 319 | JOÃO<br>OLEGÁRIO<br>COSTA                       | 01:25:43 | 01:25:43 | M5054 | JC RUNNER'S                           | 10 |
| 77 | 429 | DIAMANTINO<br>DIAS SERRANO                      | 01:25:43 | 01:25:38 | M4549 | CORRER QUELUZ                         | 13 |
| 78 | 576 | MIGUEL REIS                                     | 01:25:51 | 01:25:39 | M0034 | PONTERROLENSE                         | 20 |
| 79 | 231 | HUGO<br>EVARISTO                                | 01:26:04 | 01:26:04 | M4044 | GM 1DEZEMBRO QUEIJAS                  | 18 |
| 80 | 708 | EDUARDO<br>LOURENÇO                             | 01:26:14 | 01:26:11 | M5559 | INDIVIDUAL                            | 2  |
| 81 | 381 | LUÍS BAIÃO                                      | 01:26:17 | 01:26:08 | M4044 | JUVENTUDE ATLÉTICO CLUBE              | 19 |
| 82 | 147 | DAVID<br>FIGUEIREDO                             | 01:26:24 | 01:26:22 | M4549 | AFDD                                  | 14 |
| 83 | 182 | PEDRO BALEIA                                    | 01:26:30 | 01:26:30 | M4549 | CARACÓIS DE PEDRA                     | 15 |
| 84 | 736 | PAULO<br>DUARTE                                 | 01:26:41 | 01:26:41 | M4549 | GDCT UNICRE                           | 16 |

|     |     |  |          |          |       |                                 |    |
|-----|-----|--|----------|----------|-------|---------------------------------|----|
| 85  | 640 | JORGE CAIADO                                     | 01:26:55 | 01:26:52 | M5054 | AMIGOSDACORRIDA.COM             | 11 |
| 86  | 42  | HILÁRIO DIAS                                     | 01:27:13 | 01:27:10 | M3539 | CCRAM                           | 15 |
| 87  | 192 | BRUNO<br>CAIXINHA                                | 01:27:25 | 01:27:24 | M3539 | ONTRISPORTS                     | 16 |
| 88  | 699 | LUIS NEVES<br>FRANCO                             | 01:27:39 | 01:27:36 | M4044 | A TEAM AGEAS                    | 20 |
| 89  | 12  | PEDRO<br>FERNANDES                               | 01:27:53 | 01:27:50 | M4549 | ONTRISPORTS                     | 17 |
| 90  | 275 | FILIFE<br>FIDALGO                                | 01:28:01 | 01:27:55 | M4044 | CASA BENFICA SEIXAL             | 21 |
| 91  | 586 | DANIEL<br>PEREIRA                                | 01:28:05 | 01:27:57 | M3539 | JUVENTUDE ATLÉTICO CLUBE        | 17 |
| 92  | 13  | MIRIAM<br>MARTINS                                | 01:28:13 | 01:28:13 | F0034 | INGLESES FUTEBOL CLUBE          | 2  |
| 93  | 233 | LUIS PEREIRA                                     | 01:28:13 | 01:28:11 | M5559 | GFD RUNNING                     | 3  |
| 94  | 399 | PEDRO<br>FERNANDES<br>DUARTE                     | 01:28:23 | 01:28:23 | M4549 | ONTRISPORTS                     | 18 |
| 95  | 573 | JOAQUIM LEAL                                     | 01:28:26 | 01:28:26 | M0034 | PONTERROLENSE                   | 21 |
| 96  | 175 | CARLOS<br>MIGUEL<br>CARVALHO                     | 01:28:32 | 01:28:27 | M5054 | JC RUNNER'S                     | 12 |
| 97  | 784 | PEDRO<br>CARDOSO                                 | 01:28:39 | 01:28:36 | M4044 | CCDAM ATLETISMO                 | 22 |
| 98  | 670 | HUGO PELICA                                      | 01:28:42 | 01:28:42 | M3539 | AMIGOS DO ATLETISMO DE<br>MAFRA | 18 |
| 99  | 687 | BRUNO<br>MIGUEL<br>AZEVEDO<br>SIMÕES<br>FERREIRA | 01:28:43 | 01:28:28 | M0034 |                                 | 22 |
| 100 | 456 | JORGE<br>CARVALHO                                | 01:28:43 | 01:28:37 | M5559 | CLUBE ORIENTAL DE LISBOA        | 4  |
| 101 | 611 | FERNANDO<br>CASTELA                              | 01:28:46 | 01:28:46 | M5054 | REDE ENERGIA                    | 13 |
| 102 | 624 | MARCELO  | 01:28:51 | 01:28:50 | M0034 | RESTAURANTE BARCA DELTA         | 23 |
| 103 | 164 | BRUNO<br>CARLOS                                  | 01:29:10 | 01:29:04 | M4044 | ONTRISPORTS                     | 23 |
| 104 | 397 | NUNO SILVA                                       | 01:29:10 | 01:29:05 | M3539 | ONTRISPORTS                     | 19 |
| 105 | 69  | ANTÓNIO<br>VILHENA                               | 01:29:16 | 01:29:14 | M0034 | CCRAM                           | 24 |
| 106 | 712 | DEN SHYAN  | 01:29:17 | 01:29:10 | M0034 | TEAM EL COMANDANTE              | 25 |

## CHUANG

|     |     |  |          |          |       |                                       |    |
|-----|-----|--|----------|----------|-------|---------------------------------------|----|
| 107 | 738 | JOÃO<br>CHALAÇA                          | 01:29:19 | 01:29:10 | M4044 | TS TRAINING SQUAD                     | 24 |
| 108 | 367 | ANTÓNIO<br>MIGUEL<br>MINDRICO<br>PEREIRA | 01:29:21 | 01:29:20 | M5559 | MADRUGAS ALMEIRIM<br>RUNNING TEAM     | 5  |
| 109 | 801 | PATRICK<br>MAGALHÃES                     | 01:29:25 | 01:29:25 | M0034 |                                       | 26 |
| 110 | 217 | PAULO SILVA                              | 01:29:33 | 01:29:33 | M4044 | OCS - ARRÁBIDA TRAIL TEAM             | 25 |
| 111 | 193 | JOÃO<br>CAÇADOR                          | 01:29:48 | 01:29:44 | M3539 | ONTRISPORTS                           | 20 |
| 112 | 292 | ESMERALDINO<br>SÁ                        | 01:29:53 | 01:29:46 | M4549 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 19 |
| 113 | 494 | PAULA<br>MARTINS                         | 01:29:59 | 01:29:55 | F4044 | INGLESES FUTEBOL CLUBE                | 2  |
| 114 | 83  | MAFALDA<br>MARTINHO                      | 01:30:14 | 01:30:11 | F3539 | FEDERAÇÃO DA FAMILIA                  | 2  |
| 115 | 762 | JOSÉ LUÍS<br>SANTOS                      | 01:30:17 | 01:30:15 | M5559 | CCDTMETROLX                           | 6  |
| 116 | 286 | NUNO<br>CORREIA<br>ALVES                 | 01:30:21 | 01:30:15 | M4549 | CLUBE OLÍMPICO DE OEIRAS              | 20 |
| 117 | 29  | JOÃO<br>FAUSTINO                         | 01:30:45 | 01:30:39 | M5054 | CCRAM                                 | 14 |
| 118 | 272 | RUI PINA                                 | 01:30:49 | 01:30:20 | M4549 |                                       | 21 |
| 119 | 618 | IVO SANTOS                               | 01:30:50 | 01:30:47 | M4044 | A TEAM AGEAS                          | 26 |
| 120 | 534 | LUÍS MENDES                              | 01:30:51 | 01:30:50 | M4549 | ONTRISPORTS                           | 22 |
| 121 | 713 | JOAQUIM<br>FERNANDES                     | 01:30:53 | 01:30:42 | M6064 | PUPILOS TRAIL TEAM                    | 1  |
| 122 | 236 | CARLOS<br>HENRIQUES                      | 01:30:55 | 01:30:55 | M4044 | O MUNDO DA CORRIDA                    | 27 |
| 123 | 145 | CARLOS<br>MANUEL<br>ALVES<br>CAETANO     | 01:30:58 | 01:30:58 | M5054 |                                       | 15 |
| 124 | 514 | RUI FILIPE DA<br>VEIGA<br>FIGUEIRA       | 01:31:00 | 01:30:51 | M4044 | JUVENTUDE ATLÉTICO CLUBE              | 28 |
| 125 | 389 | HÉLDER<br>GUERREIRO                      | 01:31:13 | 01:31:08 | M4549 | JUVENTUDE ATLÉTICO CLUBE              | 23 |
| 126 | 169 | BRUNO<br>PEREIRA                         | 01:31:16 | 01:31:10 | M5054 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 16 |

|     |     |                                   |          |          |       |                                       |    |
|-----|-----|-----------------------------------|----------|----------|-------|---------------------------------------|----|
| 127 | 20  | NUNO MIGUEL NOBRE LOPES           | 01:31:20 | 01:31:15 | M5054 | GRCD LEIÃO                            | 17 |
| 128 | 457 | SARA MARINHO                      | 01:31:22 | 01:31:22 | F0034 | SARA MARINHO                          | 3  |
| 129 | 124 | RENATO CABRAL                     | 01:31:30 | 01:31:19 | M0034 | CDR ÁGUIAS UNIDAS                     | 27 |
| 130 | 162 | RUI MANETA                        | 01:31:33 | 01:31:28 | M4044 | CORRER QUELUZ                         | 29 |
| 131 | 406 | ELVINO MIGUEL DE CAMPOS GONCALVES | 01:31:49 | 01:30:48 | M4044 | OCS - ARRÁBIDA TRAIL TEAM             | 30 |
| 132 | 393 | RENATO DANIEL RUIVO MORAIS        | 01:32:01 | 01:31:56 | M4044 | ONTRISPORTS                           | 31 |
| 133 | 649 | LUÍS FAUSTINO                     | 01:32:12 | 01:32:10 | M4549 | SERVIÇOS SOCIAIS MONTEPIO             | 24 |
| 134 | 198 | RUI MARQUES DA SILVA              | 01:32:12 | 01:32:00 | M5054 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE    | 18 |
| 135 | 742 | NUNO PRAZERES                     | 01:32:16 | 01:32:13 | M5559 |                                       | 7  |
| 136 | 585 | PAULO ALEXANDRE DO COUTO VIEIRA   | 01:32:21 | 01:32:14 | M5559 | GMCJAMOR                              | 8  |
| 137 | 138 | EMANUEL SILVA                     | 01:32:41 | 01:32:29 | M4044 | RUN 4 FUN                             | 32 |
| 138 | 304 | LUÍS CARVALHO                     | 01:32:45 | 01:32:13 | M5054 | LINDA-A-PASTORA SPORTING CLUBE        | 19 |
| 139 | 208 | PAULO RAPOSO                      | 01:32:48 | 01:32:26 | M5054 | AAMA                                  | 20 |
| 140 | 435 | NUNO SANTOS DE ALMEIDA            | 01:33:03 | 01:32:56 | M4044 |                                       | 33 |
| 141 | 258 | RUI SILVA                         | 01:33:07 | 01:31:46 | M4044 | LINDA-A-PASTORA SPORTING CLUBE        | 34 |
| 142 | 372 | MANUEL SANTANA                    | 01:33:08 | 01:33:00 | M7099 | CDR AGUIAS UNIDAS                     | 1  |
| 143 | 659 | PEDRO FILIPE CORREIA              | 01:33:09 | 01:33:04 | M5559 |                                       | 9  |
| 144 | 55  | JOÃO LOBO                         | 01:33:12 | 01:32:55 | M4044 | LXTRIATHLON                           | 35 |
| 145 | 363 | RICARDO MARQUES                   | 01:33:14 | 01:32:31 | M4044 | NAPA-NUCLEO DE AMIGOS DA PERNA ASSADA | 36 |
| 146 | 215 | FRANCISCO                         | 01:33:16 | 01:33:04 | M4549 | JOMA                                  | 25 |

## MACHADO

|     |     |  |          |          |       |                                       |    |
|-----|-----|--|----------|----------|-------|---------------------------------------|----|
| 147 | 464 | MÁRIO<br>MANUEL<br>GONÇALVES<br>MOREIRA    | 01:33:18 | 01:33:00 | M4549 | CORRER QUELUZ                         | 26 |
| 148 | 694 | ROLANDO<br>REIS                            | 01:33:45 | 01:33:38 | M3539 | ONTRISPORTS                           | 21 |
| 149 | 21  | JOÃO PAULO<br>DA SILVA<br>PEREIRA          | 01:33:46 | 01:33:42 | M4044 | GRCD LEIÃO                            | 37 |
| 150 | 35  | TIAGO COSTA                                | 01:34:07 | 01:33:57 | M0034 | CCRAM                                 | 28 |
| 151 | 127 | DIOGO                                      | 01:34:12 | 01:34:04 | M0034 | ONTRISPORTS                           | 29 |
| 152 | 204 | ALBERTO DIAS                               | 01:34:17 | 01:34:09 | M4044 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 38 |
| 153 | 195 | RUI ALMEIDA                                | 01:34:19 | 01:34:07 | M4549 |                                       | 27 |
| 154 | 823 | APOLO<br>PEREIRA                           | 01:34:20 | 01:33:57 | M5559 | TEAM EL COMANDANTE                    | 10 |
| 155 | 394 | MARCO<br>PAULO<br>CORREIA DOS<br>SANTOS    | 01:34:20 | 01:34:15 | M4044 | ONTRISPORTS                           | 39 |
| 156 | 459 | EDSON<br>OLIVEIRA                          | 01:34:25 | 01:34:20 | M4044 | CLUBE EDP - LISBOA                    | 40 |
| 157 | 661 | PEDRO<br>MARQUES                           | 01:34:27 | 01:34:26 | M0034 |                                       | 30 |
| 158 | 739 | MANUEL<br>ANDRADE DE<br>SOUSA<br>CHICHORRO | 01:34:29 | 01:34:00 | M3539 |                                       | 22 |
| 159 | 803 | PAULO PINTO                                | 01:34:32 | 01:34:23 | M5054 | A NATUREZA ENSINA                     | 21 |
| 160 | 111 | GONCALO<br>SILVA                           | 01:34:33 | 01:34:08 | M4044 | GONCALO SILVA                         | 41 |
| 161 | 690 | JOÃO<br>MARQUES                            | 01:34:33 | 01:34:26 | M3539 | ONTRISPORTS                           | 23 |
| 162 | 809 | TOZÉ REVEZ                                 | 01:34:37 | 01:34:31 | M5054 | AMINHACORRIDA/RUNEXTREM               | 22 |
| 163 | 506 | GONÇALO<br>INÁCIO                          | 01:34:42 | 01:34:33 | M4549 | ASSOCIAÇÃO VALE GRANDE                | 28 |
| 164 | 371 | JOÃO GARVÃO                                | 01:34:44 | 01:34:40 | M4044 | JUVENTUDE ATLÉTICO CLUBE              | 42 |
| 165 | 386 | CARLOS JESUS                               | 01:34:45 | 01:34:36 | M5054 | ASSOCIAÇÃO 20KMS DE<br>ALMEIRIM       | 23 |
| 166 | 631 | GUILHERME<br>PEREIRA                       | 01:34:48 | 01:34:38 | M0034 |                                       | 31 |



|     |     |                                       |          |          |       |                                |    |
|-----|-----|---------------------------------------|----------|----------|-------|--------------------------------|----|
| 167 | 722 | PEDRO CUSTÓDIO                        | 01:34:48 | 01:34:39 | M4549 |                                | 29 |
| 168 | 680 | ANTÓNIO AGUIAR                        | 01:34:49 | 01:34:38 | M6064 | PONTERROLENSE                  | 2  |
| 169 | 395 | FIRMINO DIAS                          | 01:34:52 | 01:34:47 | M4549 | ONTRISPORTS                    | 30 |
| 170 | 210 | DANIEL REMIGIO                        | 01:34:54 | 01:34:46 | M0034 | ONTRISPORTS                    | 32 |
| 171 | 613 | TIAGO SIMÕES                          | 01:34:54 | 01:34:50 | M0034 | ONTRISPORTS                    | 33 |
| 172 | 647 | DAVID MATOS                           | 01:34:55 | 01:34:49 | M0034 | ONTRISPORTS                    | 34 |
| 173 | 368 | RICARDO LOBO                          | 01:35:07 | 01:34:52 | M5054 | A NATUREZA ENSINA              | 24 |
| 174 | 760 | JOSE CARLOS DUARTE                    | 01:35:20 | 01:35:04 | M5054 | OS GALGOS                      | 25 |
| 175 | 184 | PEDRO FAVINHA                         | 01:35:26 | 01:35:25 | M5054 | CF OS BELENENEMSWWS            | 26 |
| 176 | 165 | EDUARDO MANUEL COELHO LUÍS            | 01:35:26 | 01:35:07 | M4549 | ATÓMICOS                       | 31 |
| 177 | 822 | PALMIRA QUINHAMA                      | 01:35:29 | 01:35:27 | F4549 | WALKANDRUN/WERUN               | 1  |
| 178 | 70  | PEDRO REISINHO PEREIRA                | 01:35:36 | 01:35:27 | M5559 |                                | 11 |
| 179 | 282 | SERGIO PONTES                         | 01:35:37 | 01:35:37 | M4549 |                                | 32 |
| 180 | 34  | BRUNO CARVALHO                        | 01:35:41 | 01:35:33 | M3539 | CCRAM                          | 24 |
| 181 | 407 | BRUNO ANDRADE                         | 01:35:46 | 01:35:38 | M3539 |                                | 25 |
| 182 | 39  | MICAEL RECHENA                        | 01:35:54 | 01:35:40 | M4044 | CCRAM                          | 43 |
| 183 | 235 | JOÃO GINJA                            | 01:35:55 | 01:34:30 | M5559 | LINDA-A-PASTORA SPORTING CLUBE | 12 |
| 184 | 254 | OTSUKA HIROSHI                        | 01:35:58 | 01:35:58 | M6064 |                                | 3  |
| 185 | 341 | ALEXANDRE DINIZ                       | 01:36:17 | 01:36:13 | M4044 | ASSOCIAÇÃO 20KMS DE ALMEIRIM   | 44 |
| 186 | 622 | PEDRO LEIRIA                          | 01:36:18 | 01:36:18 | M5054 |                                | 27 |
| 187 | 22  | JOÃO FILIPE DE SOUSA E SOUSA BAPTISTA | 01:36:19 | 01:36:19 | M3539 | GRCD LEIÃO                     | 26 |

|     |     |   |          |          |       |  |    |
|-----|-----|---|----------|----------|-------|--|----|
| 188 | 375 | VITOR<br>MANUEL<br>BRAGANÇA             | 01:36:25 | 01:36:02 | M5054 | AAMA                                   | 28 |
| 189 | 463 | RICARDO<br>PEREIRA                      | 01:36:34 | 01:36:33 | M5054 | GDRC LEIÃO                             | 29 |
| 190 | 302 | CARLOS<br>FRANÇA                        | 01:36:45 | 01:36:39 | M4549 | CAD A CORRER                           | 33 |
| 191 | 685 | SEBASTIAN<br>OSWALD                     | 01:36:49 | 01:36:20 | M0034 |  | 35 |
| 192 | 28  | PEDRO<br>MIGUEL<br>GONÇALVES<br>MIRANDA | 01:36:51 | 01:36:37 | M4549 | GRCD LEIÃO                             | 34 |
| 193 | 385 | SÉRGIO<br>BASTOS                        | 01:37:06 | 01:37:06 | M4549 | A NATUREZA ENSINA                      | 35 |
| 194 | 704 | PEDRO SOUSA                             | 01:37:15 | 01:37:04 | M4044 | VULCANENSE FUTEBOL CLUBE               | 45 |
| 195 | 599 | DANIEL<br>RENTSCHLER                    | 01:37:16 | 01:37:02 | M4044 | CCD SIEMENS                            | 46 |
| 196 | 348 | PAULO<br>FONSECA                        | 01:37:26 | 01:37:20 | M5559 | ONTRISPORTS                            | 13 |
| 197 | 799 | ANDRÉ FILIPE<br>NUNES                   | 01:37:34 | 01:37:25 | M3539 | SS CGD                                 | 27 |
| 198 | 166 | HUGO COSTA                              | 01:37:39 | 01:37:32 | M4044 |  | 47 |
| 199 | 222 | CLÁUDIO<br>OLIVEIRA                     | 01:37:45 | 01:37:16 | M4549 | VARA TRAIL RUNNING                     | 36 |
| 200 | 827 | CONNOR<br>TOBIN                         | 01:38:01 | 01:37:53 | M0034 |  | 36 |
| 201 | 56  | RICARDO<br>MATEUS                       | 01:38:02 | 01:37:42 | M4549 | LXTRIATHLON                            | 37 |
| 202 | 702 | LUDOVICO<br>BELO                        | 01:38:06 | 01:37:56 | M4549 | CARAVELA SEGUROS TRAIL<br>RUNNING TEAM | 38 |
| 203 | 721 | MIGUEL LOPES<br>RODRIGUES               | 01:38:06 | 01:37:56 | M3539 |  | 28 |
| 204 | 420 | JONAY<br>MEDINA                         | 01:38:07 | 01:38:07 | M4044 |  | 48 |
| 205 | 136 | JOÃO<br>CANHOTO                         | 01:38:13 | 01:38:04 | M5559 | CORRER LOURES                          | 14 |
| 206 | 600 | CARLOS<br>PARREIRA                      | 01:38:19 | 01:37:56 | M4549 | CDC DO CASAL DO MARCO                  | 39 |
| 207 | 130 | ALEXANDRE<br>JORGE                      | 01:38:22 | 01:37:35 | M4549 | RUN 4 FUN                              | 40 |
| 208 | 791 | ALBERTO<br>PIRES                        | 01:38:27 | 01:38:27 | M5054 |  | 30 |

|     |     |                               |          |          |       |                            |    |
|-----|-----|-------------------------------|----------|----------|-------|----------------------------|----|
| 209 | 400 | PEDRO FRIAS                   | 01:38:27 | 01:38:21 | M4549 | CDR ÁGUIAS UNIDAS          | 41 |
| 210 | 141 | FERNANDO MARTINHO             | 01:38:28 | 01:38:26 | M4044 | DONINHAS TRAIL TEAM        | 49 |
| 211 | 532 | JOEL CUNHA                    | 01:38:37 | 01:38:30 | M0034 | ONTRISPORTS                | 37 |
| 212 | 639 | MIGUEL COSTA                  | 01:38:44 | 01:37:51 | M3539 | COBRAS                     | 29 |
| 213 | 484 | JOANA BARROS                  | 01:38:48 | 01:37:54 | F4044 |                            | 3  |
| 214 | 321 | PEDRO BARATA                  | 01:38:49 | 01:38:27 | M4549 | SÃO DOMINGOS FUTEBOL CLUBE | 42 |
| 215 | 595 | CARLOS PEREIRA                | 01:38:51 | 01:38:26 | M4044 |                            | 50 |
| 216 | 349 | RODRIGO SILVA                 | 01:38:51 | 01:38:42 | M5559 | INDIVIDUAL                 | 15 |
| 217 | 746 | NUNO PITA                     | 01:38:51 | 01:38:46 | M4549 | CCDTMETROLX                | 43 |
| 218 | 663 | JOÃO PASSOS                   | 01:39:26 | 01:39:26 | M4549 | JOÃO PASSOS                | 44 |
| 219 | 824 | ANA LOURIDO                   | 01:39:28 | 01:39:05 | F4044 | TEAM EL COMANDANTE         | 4  |
| 220 | 405 | JOSÉ BRITO                    | 01:39:32 | 01:39:26 | M6064 |                            | 4  |
| 221 | 264 | ARTUR CARVALHO                | 01:39:33 | 01:39:16 | M5054 | CORRER QUELUZ              | 31 |
| 222 | 466 | VICTOR COSTA                  | 01:39:42 | 01:39:42 | M5559 | A NATUREZA ENSINA          | 16 |
| 223 | 137 | THOMAS BATTAGLIA              | 01:40:00 | 01:40:00 | M0034 |                            | 38 |
| 224 | 218 | FERNANDO ROSETE               | 01:40:12 | 01:39:51 | M5054 | RUN 4 FUN                  | 32 |
| 225 | 491 | RUTE MATOS                    | 01:40:13 | 01:40:02 | F5054 | RUN 4 FUN                  | 1  |
| 226 | 527 | HUGO CALADO                   | 01:40:16 | 01:40:10 | M4044 | CLUBE NAUS OCR             | 51 |
| 227 | 306 | PAULO MANUEL MOTA BASILIO     | 01:40:16 | 01:39:37 | M5559 | ZATOPEQUES                 | 17 |
| 228 | 575 | PEDRO MARIA NOGUEIRA CARVALHO | 01:40:21 | 01:40:18 | M6064 | SCALABIS NIGHT RUNNERS     | 5  |
| 229 | 669 | CLÁUDIO CASEIRO               | 01:40:23 | 01:40:18 | M4549 | CORRER LISBOA              | 45 |
| 230 | 415 | RICARDO JOSÉ CASTRO SILVA     | 01:40:25 | 01:40:25 | M4044 | RICARDO SILVA              | 52 |
| 231 | 417 | ANABELA VINHA                 | 01:40:27 | 01:40:23 | F4044 | WALKANDRUN / WERUN         | 5  |

|     |     |  |          |          |       |   |    |
|-----|-----|--|----------|----------|-------|---|----|
| 232 | 696 | JOÃO ALVES MARTINS                               | 01:40:27 | 01:40:26 | M5559 | JOÃO ALVES MARTINS                        | 18 |
| 233 | 731 | CATARINA FERREIRA                                | 01:40:29 | 01:40:10 | F4549 |   | 2  |
| 234 | 675 | SIMÃO SILVA                                      | 01:40:31 | 01:40:06 | M0034 | CAJ RAPOSA                                | 39 |
| 235 | 191 | ARNALDO JOSÉ GONÇALVES ROLO                      | 01:40:34 | 01:40:28 | M5559 | RUNNERS DA FRENTE RIBEIRINHA DA PSI       | 19 |
| 236 | 38  | TIAGO MATA                                       | 01:40:35 | 01:40:19 | M0034 | CCRAM                                     | 40 |
| 237 | 574 | AFONSO MARIA DE JESUS CASANOVA NOGUEIRA CARVALHO | 01:40:42 | 01:40:42 | M0034 | SCALABIS NIGHT RUNNERS                    | 41 |
| 238 | 108 | PEDRO PLASSEN LOPES                              | 01:40:45 | 01:40:45 | M5054 |   | 33 |
| 239 | 143 | FILIPE MOURÃO                                    | 01:40:50 | 01:40:20 | M0034 | ONTRISPORTS                               | 42 |
| 240 | 377 | ARAMIS MACEDO VARELA TAVARES                     | 01:40:58 | 01:40:11 | M0034 |   | 43 |
| 241 | 808 | CARLA FERNANDES                                  | 01:40:59 | 01:40:47 | F4549 | AMINHACORRIDA/RUNEXTREM                   | 3  |
| 242 | 650 | JORGE SOUSA                                      | 01:41:01 | 01:40:33 | M5054 | SERVIÇOS SOCIAIS MONTEPIO                 | 34 |
| 243 | 259 | RENATO MANUEL COSTA CRISTINA                     | 01:41:02 | 01:41:02 | M5054 | GT10.30SX                                 | 35 |
| 244 | 436 | ANA MENDES                                       | 01:41:02 | 01:40:45 | F4549 | ASSOCIAÇÃO DESPORTIVA DE PALMEIROS SINTRA | 4  |
| 245 | 790 | GABRIEL GUIMARÃES                                | 01:41:07 | 01:40:29 | M4044 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE        | 53 |
| 246 | 32  | JORGE PAULO SANTOS                               | 01:41:08 | 01:40:25 | M5559 | CCRAM                                     | 20 |
| 247 | 705 | ANA BERNARDO                                     | 01:41:08 | 01:40:53 | F4044 |   | 6  |
| 248 | 276 | JOAQUIM DIAS                                     | 01:41:10 | 01:40:28 | M5054 | CCRAM                                     | 36 |
| 249 | 796 | BRUNO GONÇALVES                                  | 01:41:19 | 01:41:10 | M3539 | RB RUNNING                                | 30 |

|     |     |                                |          |          |       |  |    |
|-----|-----|--------------------------------|----------|----------|-------|--|----|
| 250 | 82  | JOÃO BARRONA                   | 01:41:33 | 01:41:23 | M3539 | CDR AGUIAS UNIDAS                        | 31 |
| 251 | 155 | TIAGO RODRIGUES                | 01:41:35 | 01:41:16 | M4549 | A NATUREZA ENSINA                        | 46 |
| 252 | 183 | RUI SILVA                      | 01:41:37 | 01:41:14 | M3539 | NESSA HOP & RUN TEAM                     | 32 |
| 253 | 667 | CARLOS GREGÓRIO                | 01:41:40 | 01:41:40 | M4549 |  | 47 |
| 254 | 44  | RICARDO JORGE GONCALVES MENINO | 01:41:45 | 01:41:23 | M3539 | GRUPO DESPORTIVO SANTANDER TOTTA         | 33 |
| 255 | 541 | JOSÉ FERNANDES AMARO           | 01:41:55 | 01:41:32 | M4549 | LIZ RUNNERS                              | 48 |
| 256 | 423 | IURI TIAGO SANTINHO FERNANDES  | 01:42:00 | 01:40:49 | M3539 | IURI FERNANDES                           | 34 |
| 257 | 564 | GUILHERME HORA                 | 01:42:01 | 01:41:54 | M5054 | INDIVIDUAL                               | 37 |
| 258 | 200 | RUI PERICÃO DE ALMEIDA         | 01:42:02 | 01:41:42 | M5054 | LEGIONÁRIOS                              | 38 |
| 259 | 619 | MIGUEL TRUNINGER SOUSA         | 01:42:05 | 01:41:58 | M4549 | A TEAM AGEAS                             | 49 |
| 260 | 521 | WALLACE MAGALHÃES              | 01:42:06 | 01:41:54 | M3539 | BACON & PANCETAS                         | 35 |
| 261 | 418 | MARIA MONTEIRO                 | 01:42:09 | 01:41:40 | F4044 | ONTRISPORTS                              | 7  |
| 262 | 27  | JOSÉ ALBERTO BAPTISTA          | 01:42:17 | 01:42:08 | M5559 | GRCD LEIÃO                               | 21 |
| 263 | 160 | RUBEN SIMÕES                   | 01:42:18 | 01:41:48 | M3539 | FIDELIDADE GDC                           | 36 |
| 264 | 543 | PEDRO CARVALHO                 | 01:42:20 | 01:42:13 | M4044 | ONE BUY SHOP RUNNERS                     | 54 |
| 265 | 379 | MARCO CHARRUA                  | 01:42:20 | 01:42:07 | M5559 | CASA DO BENFICA EM ALGUEIRÃO MEM MARTINS | 22 |
| 266 | 805 | IVO BRANDÃO                    | 01:42:21 | 01:42:18 | M4549 |  | 50 |
| 267 | 465 | CRISTINA CARVALHO              | 01:42:22 | 01:42:11 | F5054 | CASA DO BENFICA EM ALGUEIRÃO MEM MARTINS | 2  |
| 268 | 818 | DIOGO FERREIRA                 | 01:42:24 | 01:42:24 | M0034 | CASA-SE COMIGO CAMILLA?                  | 44 |
| 269 | 508 | JÚLIO CÉSAR NERI REIS          | 01:42:25 | 01:42:25 | M5054 | CÂMARA LISBOA CLUBE                      | 39 |

|     |     |                               |          |          |       |                                    |    |
|-----|-----|-------------------------------|----------|----------|-------|------------------------------------|----|
| 270 | 57  | PEDRO GONÇALVES               | 01:42:29 | 01:42:09 | M4044 | LXTRIATHLON                        | 55 |
| 271 | 171 | TIAGO NETO                    | 01:42:29 | 01:41:40 | M0034 |                                    | 45 |
| 272 | 300 | SEBASTIAO BARATA              | 01:42:31 | 01:42:19 | M5559 | OS FERRARIS DO BARREIRO            | 23 |
| 273 | 92  | MIGUEL JUDAS                  | 01:42:37 | 01:42:13 | M0034 | PRO RUNNERS MAGAZINE               | 46 |
| 274 | 383 | NUNO BARRETO                  | 01:42:39 | 01:42:24 | M5054 |                                    | 40 |
| 275 | 569 | PAULO SANTOS                  | 01:42:40 | 01:42:36 | M5559 | ASSOCIAÇÃO CULTURAL SAMBRASENSE    | 24 |
| 276 | 354 | FILIPE ESPINHA                | 01:42:46 | 01:42:29 | M4044 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE | 56 |
| 277 | 612 | JOSÉ SALGADO                  | 01:42:52 | 01:42:37 | M5559 |                                    | 25 |
| 278 | 666 | LEONTINO LAMPREIA             | 01:42:57 | 01:42:29 | M3539 | CASA BENFICA SEIXAL                | 37 |
| 279 | 665 | JORGE PAULO                   | 01:42:59 | 01:42:32 | M5054 | CASA BENFICA SEIXAL                | 41 |
| 280 | 289 | NUNO JOÃO DE FIGUEIREDO PINTO | 01:43:00 | 01:42:18 | M4549 |                                    | 51 |
| 281 | 246 | PEDRO MANAÇAS                 | 01:43:01 | 01:42:57 | M5054 | A NATUREZA ENSINA                  | 42 |
| 282 | 604 | HUGO FRAGOSO                  | 01:43:02 | 01:42:54 | M3539 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE | 38 |
| 283 | 677 | NUNO CANEIRA FEIJAO           | 01:43:02 | 01:42:43 | M4549 | CONTA DEGIRO NUNO CANEIRA FEIJAO   | 52 |
| 284 | 455 | NUNO DIAS                     | 01:43:06 | 01:42:47 | M3539 | CORRIDAS AO DESAFIO                | 39 |
| 285 | 641 | ANA RITA BICHO                | 01:43:06 | 01:42:42 | F3539 | ASSOCIAÇÃO DE JOVENS DA LANDEIRA   | 3  |
| 286 | 142 | JORGE FETEIRA                 | 01:43:06 | 01:43:06 | M5054 |                                    | 43 |
| 287 | 454 | BRUNO DIAS                    | 01:43:07 | 01:42:46 | M3539 | CORRIDAS AO DESAFIO                | 40 |
| 288 | 660 | SÉRGIO FERREIRA               | 01:43:08 | 01:42:44 | M4549 | CORRER LISBOA                      | 53 |
| 289 | 765 | VASCO AGOSTINHO               | 01:43:10 | 01:42:35 | M5559 | GRUPO DESPORTIVO " OS AMARELOS "   | 26 |
| 290 | 47  | ANASTACIO VALADAS             | 01:43:11 | 01:43:08 | M7099 | GRUPO DESPORTIVO SANTANDER TOTTA   | 2  |
| 291 | 117 | LUÍS SARDINHA                 | 01:43:13 | 01:42:49 | M3539 | NESHA HOP & RUN                    | 41 |
| 292 | 592 | PEDRO MIGUEL                  | 01:43:15 | 01:42:57 | M0034 |                                    | 47 |

|     |     |   |          |          |       |                                       |    |
|-----|-----|---|----------|----------|-------|---------------------------------------|----|
|     |     | FERREIRA<br>SILVA                                 |          |          |       |                                       |    |
| 293 | 793 | NUNO<br>ANDRADRE E<br>SOUSA<br>FERREIRA<br>ONOFRE | 01:43:20 | 01:42:52 | M4044 | SANTA CRUZ                            | 57 |
| 294 | 77  | ISABEL<br>SANTOS                                  | 01:43:20 | 01:43:18 | F5559 | FEDERAÇÃO DA FAMILIA                  | 1  |
| 295 | 590 | LOGAN STONE                                       | 01:43:20 | 01:43:04 | M3539 |                                       | 42 |
| 296 | 734 | FLÁVIO<br>SANTOS                                  | 01:43:21 | 01:43:17 | M0034 | FEDERAÇÃO DA FAMILIA                  | 48 |
| 297 | 355 | MIGUEL<br>AMARAL                                  | 01:43:31 | 01:43:08 | M4549 | RUN 4 FUN                             | 54 |
| 298 | 806 | JOSÉ SOARES                                       | 01:43:31 | 01:43:19 | M4549 |                                       | 55 |
| 299 | 67  | MÁRIO<br>RIBEIRO                                  | 01:43:37 | 01:43:35 | M5559 | RUN TEJO - PREVENT SPRAIN             | 27 |
| 300 | 190 | MARCO<br>LOURO                                    | 01:43:43 | 01:43:31 | M5054 |                                       | 44 |
| 301 | 635 | JOAO<br>NAVARRO                                   | 01:43:47 | 01:43:35 | M5054 | JOAO NAVARRO                          | 45 |
| 302 | 33  | CÂNDIDO<br>POÇAS                                  | 01:43:48 | 01:43:12 | M5559 | CCRAM                                 | 28 |
| 303 | 80  | OCTAVIO<br>MIGUEL<br>CARDOSO                      | 01:43:49 | 01:43:32 | M4549 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 56 |
| 304 | 329 | JORGE BRUNO<br>COELHO<br>MOTA                     | 01:43:57 | 01:43:40 | M4549 | LOUSADA RUNNERS                       | 57 |
| 305 | 632 | NUNO MIGUEL<br>RODRIGUES<br>MENDES<br>CARREIRA    | 01:44:02 | 01:43:36 | M4044 | CLUBE ATLETISMO AMIGOS<br>MOITA       | 58 |
| 306 | 133 | HUGO FUZETA                                       | 01:44:03 | 01:42:53 | M0034 | TÁLENTOS TEAM                         | 49 |
| 307 | 597 | ANTÓNIO<br>MARTINS                                | 01:44:03 | 01:43:50 | M5054 | ZATOPEQUES                            | 46 |
| 308 | 817 | PAULO<br>TORRES                                   | 01:44:06 | 01:43:45 | M5054 |                                       | 47 |
| 309 | 804 | JOÃO<br>CAMIÇÃO                                   | 01:44:07 | 01:43:53 | M5054 |                                       | 48 |
| 310 | 652 | ANTÓNIO<br>SOARES                                 | 01:44:11 | 01:44:06 | M5054 |                                       | 49 |
| 311 | 219 | MIGUEL SAN-<br>PAYO                               | 01:44:13 | 01:43:31 | M6064 | RUN 4 FUN                             | 6  |

|     |     |                              |          |          |       |                                    |    |
|-----|-----|------------------------------|----------|----------|-------|------------------------------------|----|
| 312 | 692 | PEDRO MIGUEL SEIXAS PEREIROA | 01:44:18 | 01:43:43 | M0034 |                                    | 50 |
| 313 | 361 | BRUNO SANTOS                 | 01:44:19 | 01:44:02 | M4044 |                                    | 59 |
| 314 | 706 | FILIPE SOUSA                 | 01:44:19 | 01:43:56 | M4044 |                                    | 60 |
| 315 | 621 | PEDRO CORREIA                | 01:44:19 | 01:43:43 | M5054 | GRUPO DESPORTIVO " OS AMARELOS "   | 50 |
| 316 | 91  | JOÃO ROSA                    | 01:44:28 | 01:44:04 | M3539 | ONTRISPORTS                        | 43 |
| 317 | 326 | JOÃO VEIGA                   | 01:44:32 | 01:44:24 | M3539 | RUN 4 FUN                          | 44 |
| 318 | 303 | JOÃO ALVES                   | 01:44:33 | 01:44:17 | M3539 |                                    | 45 |
| 319 | 37  | CLAUDIA SEGURA               | 01:44:34 | 01:44:19 | F0034 | CCRAM                              | 4  |
| 320 | 283 | JOSÉ AMARO                   | 01:44:37 | 01:44:23 | M4549 | CDR ÁGUIAS UNIDAS                  | 58 |
| 321 | 281 | JOSÉ SIMÕES                  | 01:44:40 | 01:44:16 | M6064 | VEREDAS DE NOUDAR - BARRANCOS      | 7  |
| 322 | 243 | JOAQUIM BRANQUINHO           | 01:44:41 | 01:44:13 | M4549 | CASA BENFICA SEIXAL                | 59 |
| 323 | 477 | JORGE SARAIVA                | 01:44:47 | 01:44:16 | M4549 |                                    | 60 |
| 324 | 623 | ANTÓNIO ANTUNES              | 01:44:50 | 01:44:50 | M5559 | O MUNDO DA CORRIDA                 | 29 |
| 325 | 488 | MÁRCIA                       | 01:44:52 | 01:44:52 | F4549 |                                    | 5  |
| 326 | 228 | LUÍS ALMEIDA                 | 01:44:54 | 01:43:58 | M5054 | ASSOCIAÇÃO VALE GRANDE             | 51 |
| 327 | 571 | ELLIOT BRAHAM                | 01:44:56 | 01:44:54 | M4044 |                                    | 61 |
| 328 | 812 | JOÃO MARQUES                 | 01:44:56 | 01:44:44 | M6064 | CCRAM                              | 8  |
| 329 | 140 | JOÃO PEDRO SILVA             | 01:44:58 | 01:44:41 | M0034 |                                    | 51 |
| 330 | 197 | RUBEN                        | 01:44:58 | 01:44:41 | M3539 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE | 46 |
| 331 | 775 | JORGE AZEVEDO                | 01:44:59 | 01:44:43 | M5054 |                                    | 52 |
| 332 | 614 | BRUNO URBANO                 | 01:45:00 | 01:44:44 | M0034 | ONTRISPORTS                        | 52 |
| 333 | 180 | JOAO PASSEIRO                | 01:45:00 | 01:44:36 | M6064 | JOAO PASSEIRO                      | 9  |
| 334 | 297 | GONÇALO SANTOS               | 01:45:00 | 01:44:43 | M0034 |                                    | 53 |



|     |     |  |          |          |       |                                     |    |
|-----|-----|--|----------|----------|-------|-------------------------------------|----|
| 335 | 798 | LAURENT<br>BADOUX                        | 01:45:02 | 01:44:36 | M5559 |                                     | 30 |
| 336 | 97  | AMÉLIA COSTA                             | 01:45:08 | 01:45:08 | F5559 | CCRAM                               | 2  |
| 337 | 689 | TITO<br>ALEXANDRE<br>NASCIMENTO          | 01:45:16 | 01:44:50 | M4044 |                                     | 62 |
| 338 | 580 | ANA PATRICIA<br>DE OLIVEIRA              | 01:45:18 | 01:44:41 | F4549 | CORRER LOURES                       | 6  |
| 339 | 370 | VITOR<br>CARRONDO                        | 01:45:19 | 01:45:01 | M5054 | CATA-CLUBE DE ATLETISMO<br>DE AMORA | 53 |
| 340 | 813 | CHARLOTTE<br>MARTIN                      | 01:45:28 | 01:45:18 | F0034 |                                     | 5  |
| 341 | 451 | JOSÉ MANUEL<br>RATO                      | 01:45:35 | 01:45:06 | M6569 | 60%VIP                              | 1  |
| 342 | 262 | JOAQUIM<br>FRADE                         | 01:45:48 | 01:45:38 | M6569 | SS CGD                              | 2  |
| 343 | 277 | QUIM SANDE                               | 01:45:55 | 01:45:38 | M6569 | CORRER QUELUZ                       | 3  |
| 344 | 413 | CLARA<br>AUGUSTO                         | 01:45:55 | 01:45:37 | F5559 | CORRER QUELUZ                       | 3  |
| 345 | 170 | HELDER<br>ANTONIO<br>OLIVEIRA<br>MARTINS | 01:45:56 | 01:45:38 | M5559 | CORRER QUELUZ                       | 31 |
| 346 | 225 | LUÍS NUNES                               | 01:46:00 | 01:45:34 | M4549 | MARVILA JOVEM                       | 61 |
| 347 | 629 | DIOGO DIAS                               | 01:46:01 | 01:45:46 | M0034 | ONTRISPORTS                         | 54 |
| 348 | 727 | INES PEIXOTO                             | 01:46:07 | 01:45:45 | F4549 | WALKANDRUN / WERUN                  | 7  |
| 349 | 327 | DUARTE<br>CHAGAS                         | 01:46:11 | 01:45:40 | M0034 |                                     | 55 |
| 350 | 318 | IRIS PETINGA                             | 01:46:16 | 01:45:56 | F0034 | JC RUNNER'S                         | 6  |
| 351 | 128 | TIAGO COSTA<br>SANTOS                    | 01:46:26 | 01:46:05 | M3539 |                                     | 47 |
| 352 | 401 | FLÁVIO<br>FIGUEIREDO                     | 01:46:28 | 01:46:28 | M4044 |                                     | 63 |
| 353 | 181 | NUNO<br>SANTIAGO                         | 01:46:32 | 01:46:32 | M4549 |                                     | 62 |
| 354 | 421 | JOSE ALMAS                               | 01:46:35 | 01:46:24 | M5054 | RUN 4 FUN                           | 54 |
| 355 | 278 | HUGO<br>HILÁRIO                          | 01:46:42 | 01:46:04 | M4549 | NÚCLEO SCP SEIXAL                   | 63 |
| 356 | 167 | JORGE<br>MONTEIRO                        | 01:46:52 | 01:46:22 | M5054 | ZATOPEQUES                          | 55 |
| 357 | 715 | CLÁUDIA<br>MADEIRA                       | 01:46:57 | 01:46:35 | F4044 | CORRER LISBOA                       | 8  |

|     |     |                                 |          |          |       |                                  |    |
|-----|-----|---------------------------------|----------|----------|-------|----------------------------------|----|
| 358 | 737 | RUI PEREIRA                     | 01:46:57 | 01:46:31 | M4044 |                                  | 64 |
| 359 | 750 | EUGENIU DODONU                  | 01:46:58 | 01:46:47 | M3539 | FAMILIA MAIS FELIZ               | 48 |
| 360 | 87  | TIAGO LOPES                     | 01:46:59 | 01:46:47 | M4044 | RUN4ALL.PT                       | 65 |
| 361 | 268 | NUNO SOBRAL                     | 01:47:03 | 01:46:35 | M5054 | CLUBE ANA LISBOA                 | 56 |
| 362 | 85  | ESTÊVÃO COSTA                   | 01:47:03 | 01:47:03 | M4549 | CLUBE NAVAL DE SÃO VICENTE       | 64 |
| 363 | 362 | JOÃO BOTO                       | 01:47:09 | 01:46:54 | M0034 |                                  | 56 |
| 364 | 539 | SÉRGIO CASAL                    | 01:47:13 | 01:46:53 | M5559 | SÃO DOMINGOS FUTEBOL CLUBE       | 32 |
| 365 | 678 | PAULO CRUZ                      | 01:47:15 | 01:46:36 | M5054 |                                  | 57 |
| 366 | 359 | ALEXANDRE SANDINHA              | 01:47:25 | 01:46:53 | M3539 | RUN & WIN[E]                     | 49 |
| 367 | 364 | JOÃO CARVALHO                   | 01:47:26 | 01:47:08 | M5559 | ZATPEQUES                        | 33 |
| 368 | 174 | ÂNGELO MANUEL BRANCO MENDES     | 01:47:28 | 01:46:51 | M5054 | GRUPO DESPORTIVO " OS AMARELOS " | 58 |
| 369 | 594 | JULIEN SAMAHA                   | 01:47:30 | 01:46:52 | M4044 | ONTRISPORTS                      | 66 |
| 370 | 269 | FRANCISCO JORGE                 | 01:47:31 | 01:46:44 | M5559 |                                  | 34 |
| 371 | 151 | LUÍS BALINHO                    | 01:47:33 | 01:47:26 | M5054 | NÚCLEO SCP SEIXAL                | 59 |
| 372 | 807 | RICARDO SANTOS                  | 01:47:37 | 01:47:17 | M4549 | MAC                              | 65 |
| 373 | 766 | BRUNO BATISTA                   | 01:47:51 | 01:47:14 | M4549 | DXC TRI AMAZING                  | 66 |
| 374 | 293 | JORGE FLÓRIO                    | 01:48:06 | 01:47:38 | M3539 | CASA BENFICA SEIXAL              | 50 |
| 375 | 820 | CARLOS SANTOS                   | 01:48:09 | 01:47:29 | M4549 |                                  | 67 |
| 376 | 31  | PAULO FERREIRA                  | 01:48:14 | 01:47:34 | M5559 | CCRAM                            | 35 |
| 377 | 212 | ALBERTO ALMEIDA SANTOS          | 01:48:15 | 01:47:54 | M6064 | ÁGUIAS DA ESTRADA                | 10 |
| 378 | 270 | RUI JORGE SANTOS                | 01:48:22 | 01:48:11 | M4549 | 30 SEGUNDOS AO KM                | 68 |
| 379 | 25  | SOFIA ALEXANDRA BOTELHO DA CRUZ | 01:48:41 | 01:48:30 | F0034 | GRCD LEIÃO                       | 7  |

|     |     |  |          |          |       |                                       |    |
|-----|-----|--|----------|----------|-------|---------------------------------------|----|
| 380 | 540 | LUIS CAPELO                                      | 01:48:46 | 01:48:24 | M5559 |                                       | 36 |
| 381 | 589 | JOHN LIM   | 01:49:05 | 01:48:48 | M3539 |                                       | 51 |
| 382 | 314 | SÉRGIO FILIPE                                    | 01:49:15 | 01:48:37 | M4044 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 67 |
| 383 | 683 | JONATHAN<br>ALLEN                                | 01:49:20 | 01:48:15 | M0034 | CFLGP                                 | 57 |
| 384 | 404 | MIKHAIL<br>BLAKHIN                               | 01:49:26 | 01:48:35 | M0034 | MIKHAIL BLAKHIN                       | 58 |
| 385 | 120 | MAXIM<br>DRAGUNOV                                | 01:49:29 | 01:49:14 | M3539 | ONTRISPORTS                           | 52 |
| 386 | 88  | NUNO MIGUEL<br>ALVES<br>TEIXEIRA                 | 01:49:31 | 01:49:10 | M4549 | SANTOGAL                              | 69 |
| 387 | 199 | LUIS CARLOS<br>SILVA                             | 01:49:33 | 01:49:20 | M3539 | TARTARUGAS TEAM                       | 53 |
| 388 | 598 | RUI SOUSA  | 01:49:35 | 01:49:19 | M4549 | ONTRISPORTS                           | 70 |
| 389 | 356 | PAULO<br>PEREIRA                                 | 01:49:35 | 01:49:20 | M5559 | TARTARUGAS TEAM                       | 37 |
| 390 | 301 | MAURÍCIO<br>JOSÉ VAZ<br>COSTA                    | 01:49:36 | 01:48:56 | M5559 | MAURICIO JOSE VAZ DA COSTA            | 38 |
| 391 | 658 | JOÃO PEREIRA                                     | 01:49:42 | 01:49:27 | M5559 |                                       | 39 |
| 392 | 507 | MAKSIM<br>PLOSKODNIAK                            | 01:49:49 | 01:49:36 | M0034 | MAKSIM PLOSKODNIAK                    | 59 |
| 393 | 582 | JOSÉ COSTA<br>ALVES                              | 01:49:50 | 01:49:33 | M5559 |                                       | 40 |
| 394 | 547 | PEDRO<br>MIGUEL<br>FERREIRA<br>CARDOSO<br>SANTOS | 01:49:56 | 01:49:34 | M5054 | MTT MONTES SALOIOS                    | 60 |
| 395 | 478 | LEONARDO<br>JESUS                                | 01:50:05 | 01:49:47 | M3539 | ALVERCA URBAN RUNNERS                 | 54 |
| 396 | 116 | DÁRIO CANAS                                      | 01:50:09 | 01:49:36 | M4549 | MTT MONTES SALOIOS                    | 71 |
| 397 | 522 | MIGUEL<br>FERREIRA                               | 01:50:22 | 01:49:58 | M4549 | AMANTES TRAIL & RUN                   | 72 |
| 398 | 48  | PEDRO<br>MIGUEL<br>PAULO                         | 01:50:25 | 01:50:25 | M4549 | GRUPO DESPORTIVO<br>SANTANDER TOTTA   | 73 |
| 399 | 802 | RODOLFO<br>SANTOS                                | 01:50:33 | 01:50:07 | M4044 |                                       | 68 |
| 400 | 256 | RODRIGO<br>CASTRO                                | 01:50:39 | 01:49:52 | M5559 |                                       | 41 |

|     |     |  |          |          |       |                                  |    |
|-----|-----|--|----------|----------|-------|----------------------------------|----|
| 401 | 468 | MARIA GONCALVES                            | 01:50:39 | 01:50:15 | F6064 | CORRER QUELUZ                    | 1  |
| 402 | 271 | HUGO LOPES                                 | 01:50:40 | 01:50:20 | M4044 | SRBBV                            | 69 |
| 403 | 474 | JORGE MIGUEL DA PIEDADE FERNANDES FERREIRA | 01:50:45 | 01:50:20 | M5054 |                                  | 61 |
| 404 | 819 | CARLOS MARCELINO                           | 01:50:50 | 01:50:05 | M0034 |                                  | 60 |
| 405 | 776 | ANDRÉ RODRIGUES                            | 01:50:52 | 01:50:22 | M4044 |                                  | 70 |
| 406 | 758 | AFONSO GONÇALVES                           | 01:50:52 | 01:50:23 | M4044 | PAPA MILHAS AV                   | 71 |
| 407 | 498 | SANDRA MONTEIRO                            | 01:51:00 | 01:51:00 | F4549 |                                  | 8  |
| 408 | 242 | EURICO GONÇALVES                           | 01:51:07 | 01:50:25 | M5559 |                                  | 42 |
| 409 | 646 | HELDER RIBEIRO                             | 01:51:09 | 01:50:47 | M5054 |                                  | 62 |
| 410 | 101 | FERNANDO CARVALHAO                         | 01:51:09 | 01:50:46 | M4549 | RUN 4 FUN                        | 74 |
| 411 | 489 | SERGIO PEREIRA                             | 01:51:12 | 01:50:55 | M0034 |                                  | 61 |
| 412 | 782 | RICARDO NUNEZ                              | 01:51:14 | 01:50:31 | M3539 |                                  | 55 |
| 413 | 207 | PETRU NEMES                                | 01:51:24 | 01:51:10 | M5559 | PETRU NEMES                      | 43 |
| 414 | 320 | JUSTINIANO SILVA                           | 01:51:30 | 01:51:03 | M5559 | CASA DO BENFICA DO SEIXAL        | 44 |
| 415 | 425 | EDUARDO DOMINGOS                           | 01:51:36 | 01:50:47 | M3539 | EDUARDO DOMINGOS                 | 56 |
| 416 | 113 | PEDRO NUNES                                | 01:51:42 | 01:50:50 | M3539 |                                  | 57 |
| 417 | 249 | JORGE BORGES                               | 01:51:48 | 01:51:15 | M5054 | CATA-CLUBE DE ATLETISMO DE AMORA | 63 |
| 418 | 398 | CAROLINA PECEGUEIRO                        | 01:51:53 | 01:51:36 | F4044 | ONTRISPORTS                      | 9  |
| 419 | 745 | TIAGO VAZ OSÓRIO                           | 01:51:54 | 01:51:19 | M0034 | TIAGO VAZ OSÓRIO                 | 62 |
| 420 | 43  | MARTA ANDRADE                              | 01:51:58 | 01:51:40 | F4549 | GRUPO DESPORTIVO SANTANDER TOTTA | 9  |
| 421 | 159 | PEDRO CARVALHO                             | 01:52:05 | 01:51:42 | M4549 | ONTRISPORTS                      | 75 |
| 422 | 630 | HUGO                                       | 01:52:07 | 01:51:43 | M5054 | AMORASUB/ASSOCIAÇÃO              | 64 |

|     |     | SANTINHOS                           |          |          | NAVAL AMORENSE |                                     |    |
|-----|-----|-------------------------------------|----------|----------|----------------|-------------------------------------|----|
| 423 | 542 | SÉRGIO SOTA                         | 01:52:10 | 01:51:48 | M5559          | TRILHOS DE VIANA                    | 45 |
| 424 | 826 | AIDAN TOBIN                         | 01:52:23 | 01:52:09 | M0034          |                                     | 63 |
| 425 | 529 | FERNANDO MARQUES                    | 01:52:28 | 01:52:17 | M0034          |                                     | 64 |
| 426 | 121 | KEN GIELEN                          | 01:52:35 | 01:52:03 | M4549          | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE  | 76 |
| 427 | 605 | ANDRÉ DUARTE                        | 01:52:37 | 01:51:32 | M4549          |                                     | 77 |
| 428 | 638 | CARLOS FARIA                        | 01:52:41 | 01:52:16 | M5054          | CORRER LISBOA                       | 65 |
| 429 | 66  | ANABELA SALAZAR                     | 01:52:41 | 01:52:31 | F5054          | RUN TEJO - PREVENT SPRAIN           | 3  |
| 430 | 255 | FERNANDO FONSECA                    | 01:52:46 | 01:51:59 | M6064          | CASMILO RUNNERS                     | 11 |
| 431 | 681 | HELDER JOSÉ BARRADAS DA PALMA       | 01:52:57 | 01:52:30 | M3539          | INDIVIDUAL                          | 58 |
| 432 | 770 | JOAQUIM SAFARA                      | 01:52:58 | 01:52:43 | M6064          | CORRER LISBOA                       | 12 |
| 433 | 531 | TIAGO JOSÉ FERNANDES DUARTE         | 01:53:03 | 01:52:30 | M5054          | TIAGO JOSÉ FERNANDES DUARTE         | 66 |
| 434 | 557 | JORGE JOSÉ DE SOUZA PINTO JÚNIOR    | 01:53:06 | 01:52:27 | M4549          |                                     | 78 |
| 435 | 213 | MIGUEL BONILLA BUENO                | 01:53:08 | 01:52:28 | M5559          | RETO 52                             | 46 |
| 436 | 788 | MAGDA ALVES                         | 01:53:14 | 01:52:34 | F3539          | AR MARGEM SUL                       | 4  |
| 437 | 528 | VITOR RODRIGUES                     | 01:53:14 | 01:52:41 | M0034          | VITOR RODRIGUES                     | 65 |
| 438 | 201 | JOSE MARCELINO                      | 01:53:17 | 01:52:38 | M3539          | AR MARGEM SUL                       | 59 |
| 439 | 252 | RODOLFO GONÇALVES SANTINHOS CAETANO | 01:53:24 | 01:53:24 | M4044          | RODOLFO GONÇALVES SANTINHOS CAETANO | 72 |
| 440 | 458 | MARCO ECHANDI                       | 01:53:35 | 01:52:54 | M3539          |                                     | 60 |
| 441 | 261 | JOÃO HENRIQUES                      | 01:53:36 | 01:53:00 | M5054          | SS CGD                              | 67 |
| 442 | 524 | GUSTAVO FERNANDES                   | 01:53:38 | 01:53:16 | M4549          |                                     | 79 |

|     |     |                                     |          |          |       |                                    |    |
|-----|-----|-------------------------------------|----------|----------|-------|------------------------------------|----|
| 443 | 747 | NELSON SILVA                        | 01:53:43 | 01:53:23 | M4549 |                                    | 80 |
| 444 | 257 | CARLOS MARQUES                      | 01:53:46 | 01:53:46 | M6569 | TÁLENTOS TEAM                      | 4  |
| 445 | 829 | DIOGO CORREIA                       | 01:53:49 | 01:52:37 | M0034 | AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE | 66 |
| 446 | 778 | XAVIER SOUSA                        | 01:53:57 | 01:53:38 | M5054 |                                    | 68 |
| 447 | 515 | BRUNO BARROS                        | 01:53:57 | 01:53:02 | M3539 | COBRAS                             | 61 |
| 448 | 779 | PAULO ALEXANDRE DE SOUSA FIGUEIREDO | 01:53:58 | 01:53:39 | M0034 |                                    | 67 |
| 449 | 391 | PAULO MOUTINHO                      | 01:54:04 | 01:53:32 | M5054 |                                    | 69 |
| 450 | 342 | JOAQUIM NASCIMENTO                  | 01:54:05 | 01:53:37 | M5054 | JOAQUIM NASCIMENTO                 | 70 |
| 451 | 693 | HELENA MARQUES                      | 01:54:05 | 01:53:35 | F5054 | HELENA MARQUES                     | 4  |
| 452 | 58  | TIAGO MARQUES                       | 01:54:06 | 01:53:36 | M4044 |                                    | 73 |
| 453 | 150 | CARLOS QUARESMA                     | 01:54:06 | 01:53:49 | M4549 | GRCD LEIÃO                         | 81 |
| 454 | 59  | MARTA MATOS                         | 01:54:10 | 01:53:39 | F4549 |                                    | 10 |
| 455 | 54  | JOÃO DANTAS                         | 01:54:14 | 01:53:53 | M3539 | LXTRIATHLON                        | 62 |
| 456 | 733 | JOSÉ PEREIRA                        | 01:54:18 | 01:53:59 | M6064 | FEDERAÇÃO DA FAMILIA               | 13 |
| 457 | 492 | ISABEL DAVID                        | 01:54:23 | 01:54:10 | F4044 | 7COLINASRUNNERS                    | 10 |
| 458 | 49  | JOAO NUNO MENDES FRAZAO FERREIRA    | 01:54:26 | 01:53:53 | M4044 | GRUPO DESPORTIVO SANTANDER TOTTA   | 74 |
| 459 | 787 | CARLA REBELO                        | 01:54:30 | 01:53:55 | F5559 | RUN 4 FUN                          | 4  |
| 460 | 403 | JORGE PAULO                         | 01:54:30 | 01:53:44 | M6569 | RUN 4 FUN                          | 5  |
| 461 | 79  | GUILHERME CORREIA                   | 01:54:35 | 01:54:00 | M0034 | LIBERDADE FUTEBOL CLUBE            | 68 |
| 462 | 337 | AFONSO RODRIGUES                    | 01:54:36 | 01:53:51 | M4549 |                                    | 82 |
| 463 | 112 | NUNO SÁ E FIGUEIREDO                | 01:54:44 | 01:54:08 | M4549 | CORRER LISBOA                      | 83 |
| 464 | 593 | PEDRO INACIO                        | 01:54:56 | 01:54:12 | M4044 | MTB BACELINHO                      | 75 |
| 465 | 744 | MIGUEL LEÃO GUERRA                  | 01:54:57 | 01:54:12 | M5054 | MTB BACELINHO                      | 71 |

|     |     |                                 |          |          |       |                                      |    |
|-----|-----|---------------------------------|----------|----------|-------|--------------------------------------|----|
| 466 | 178 | ÓSCAR ROCHA                     | 01:54:58 | 01:54:21 | M6064 | VIRIATHVS RUNNERS VISEU              | 14 |
| 467 | 552 | MIGUEL GOMES                    | 01:54:59 | 01:54:11 | M5054 | MIGUEL SERGIO HENRIQUES GUEDES GOMES | 72 |
| 468 | 177 | VITOR MARTINS                   | 01:55:00 | 01:54:23 | M5054 | CORRER LISBOA                        | 73 |
| 469 | 567 | CARLOS ANTONIO VAZ VIGNOLO      | 01:55:03 | 01:54:19 | M4549 | RUN 4 FUN                            | 84 |
| 470 | 376 | JOÃO PEDRO GÓIS FREITAS BOIEIRO | 01:55:11 | 01:54:23 | M0034 |                                      | 69 |
| 471 | 617 | SUSANA ALVES                    | 01:55:18 | 01:54:44 | F4549 | BRUNO ALVES                          | 11 |
| 472 | 615 | BRUNO ALVES                     | 01:55:18 | 01:54:43 | M4549 | BRUNO ALVES                          | 85 |
| 473 | 717 | MARIO PIRES                     | 01:55:19 | 01:54:40 | M5054 | MÁRIO PIRES                          | 74 |
| 474 | 616 | FILIPE ASCENSÃO                 | 01:55:21 | 01:55:21 | M4044 | BRUNO ALVES                          | 76 |
| 475 | 572 | FRANCISCO SANSANA SILVA         | 01:55:22 | 01:54:56 | M4044 | CAJ RAPOSA                           | 77 |
| 476 | 729 | BÁRBARA GONÇALVES               | 01:55:24 | 01:54:44 | F3539 | RB RUNNING                           | 5  |
| 477 | 157 | HUGO                            | 01:55:25 | 01:55:06 | M4549 |                                      | 86 |
| 478 | 434 | MÁRIO COXILHA                   | 01:55:28 | 01:54:48 | M5559 | FÁTIMA COXILHA                       | 47 |
| 479 | 448 | NATHALIE RODRIGUES              | 01:55:36 | 01:55:20 | F4549 |                                      | 12 |
| 480 | 548 | RICARDO SILVA                   | 01:55:45 | 01:55:27 | M0034 | LXTRIATHLON                          | 70 |
| 481 | 767 | PAULO OLIVEIRA                  | 01:55:47 | 01:55:16 | M6064 | AD TÁLENTOS TEAM                     | 15 |
| 482 | 194 | JOÃO CAMPOS                     | 01:55:54 | 01:55:20 | M5054 | RUN 4 FUN                            | 75 |
| 483 | 428 | CARLA SERRANO                   | 01:55:59 | 01:55:31 | F4549 | CORRER QUELUZ                        | 13 |
| 484 | 800 | ANTÓNIO FRANCO                  | 01:56:00 | 01:55:35 | M5559 | SERVIÇOS SOCIAIS MONTEPIO            | 48 |
| 485 | 104 | VARELA SÃO                      | 01:56:01 | 01:55:29 | F5054 | CORRER QUELUZ                        | 5  |
| 486 | 134 | JORGE NETO                      | 01:56:01 | 01:55:49 | M5559 |                                      | 49 |
| 487 | 533 | CHRISTOPHER LAM                 | 01:56:12 | 01:55:05 | M0034 |                                      | 71 |
| 488 | 591 | OSEJI AZUKA                     | 01:56:14 | 01:56:00 | M0034 |                                      | 72 |

|     |     |                                   |          |          |       |                              |    |
|-----|-----|-----------------------------------|----------|----------|-------|------------------------------|----|
| 489 | 229 | FREDERICO TREMOÇO                 | 01:56:22 | 01:56:22 | M0034 |                              | 73 |
| 490 | 168 | JOÃO PAULO GOMES                  | 01:56:22 | 01:55:59 | M5054 |                              | 76 |
| 491 | 211 | SANDRO TEIXEIRA                   | 01:56:24 | 01:55:17 | M4549 |                              | 87 |
| 492 | 51  | EDUARDO MATOS                     | 01:56:25 | 01:56:05 | M3539 | LXTRIATHLON                  | 63 |
| 493 | 570 | TOMÁS CESÁRIO                     | 01:56:25 | 01:55:32 | M0034 | RUNNERS FOR SNACK            | 74 |
| 494 | 346 | ELSA FRANCISCO                    | 01:56:27 | 01:55:48 | F5054 | ELSA FRANCISCO               | 6  |
| 495 | 743 | RICARDO MONIZ                     | 01:56:31 | 01:56:03 | M3539 |                              | 64 |
| 496 | 412 | MELODY IBANEZ                     | 01:56:32 | 01:55:43 | F0034 |                              | 8  |
| 497 | 550 | ANTÓNIO NETO                      | 01:56:34 | 01:55:48 | M3539 |                              | 65 |
| 498 | 309 | JOSE MAGALHAES                    | 01:56:34 | 01:56:01 | M5559 | RUN 4 FUN                    | 50 |
| 499 | 656 | JOÃO PEDRO AFONSO DA CRUZ ALMEIDA | 01:56:35 | 01:55:59 | M0034 | ONTRISPORTS                  | 75 |
| 500 | 331 | JOSÉ MANUEL VEIGA                 | 01:56:37 | 01:56:12 | M6064 | RUN 4 FUN                    | 16 |
| 501 | 697 | CÉLIA SOUSA                       | 01:56:51 | 01:56:26 | F5054 | GDCTINCM                     | 7  |
| 502 | 789 | CÁTIA MARISA MATOS VALENTE MORAIS | 01:57:00 | 01:56:47 | F4044 | GRCD LEIÃO                   | 11 |
| 503 | 390 | EMILY GORDON                      | 01:57:01 | 01:56:32 | F3539 |                              | 6  |
| 504 | 296 | HELDER PEREIRA                    | 01:57:01 | 01:56:47 | M4549 | CLUBE DE CAMPISMO LUZ E VIDA | 88 |
| 505 | 102 | MARK SUDDABY                      | 01:57:02 | 01:56:33 | M4549 | ROMSEY ROAD RUNNERS          | 89 |
| 506 | 313 | CARLOS ARANHA                     | 01:57:17 | 01:56:40 | M5054 | CCRAM                        | 77 |
| 507 | 442 | ANA MARIA FOLGADO                 | 01:57:18 | 01:56:49 | F5054 | ANA MARIA FOLGADO            | 8  |
| 508 | 440 | LUIS BARRELAS                     | 01:57:30 | 01:57:16 | M5054 | ZATPEQUES                    | 78 |



|     |     |                                    |          |          |       |   |    |
|-----|-----|------------------------------------|----------|----------|-------|---|----|
| 509 | 517 | FERNANDO GONÇALVES                 | 01:58:11 | 01:57:14 | M0034 | COBRAS  | 76 |
| 510 | 655 | SÓNIA CRISTINA DOS SANTOS LOUREIRO | 01:58:15 | 01:57:32 | F4549 | SÓNIA CRISTINA DOS SANTOS LOUREIRO            | 14 |
| 511 | 126 | JOÃO HIPÓLITO                      | 01:58:17 | 01:57:47 | M3539 |   | 66 |
| 512 | 607 | JORGE SERRA                        | 01:58:18 | 01:57:35 | M5559 | CENTRO DE CULTURA E DESPORTO DA TRANQUILIDADE | 51 |
| 513 | 496 | MARIA GAMITO                       | 01:58:20 | 01:57:39 | F4549 | GMCJAMOR                                      | 15 |
| 514 | 422 | GUSTAVO SILVA ÉVORA                | 01:58:44 | 01:58:04 | M6064 |   | 17 |
| 515 | 433 | JOÃO PAULO CARVALHO                | 01:58:44 | 01:58:05 | M5054 | ASAS DO MILENIUM                              | 79 |
| 516 | 537 | RODRIGO CAMPOS GOMES GALO          | 01:58:45 | 01:58:01 | M4044 | RESTAURANTE BARCA DELTA                       | 78 |
| 517 | 625 | SAMUEL CARAPINHA                   | 01:59:01 | 01:57:59 | M4044 | KWAN RUN CLUB                                 | 79 |
| 518 | 538 | PEDRO TORRINHA                     | 01:59:01 | 01:58:00 | M4044 | KWAN RUN CLUB                                 | 80 |
| 519 | 158 | MANUEL COELHO                      | 01:59:06 | 01:59:06 | M4044 |   | 81 |
| 520 | 153 | RUI PEDRO FIGUEIRAS DURÃO          | 01:59:09 | 01:58:15 | M0034 |   | 77 |
| 521 | 263 | RUI DIAS                           | 01:59:31 | 01:58:58 | M4549 | GUERREIROS DO RUNNING                         | 90 |
| 522 | 579 | ANTÓNIO ANTUNES                    | 01:59:33 | 01:58:58 | M4549 | GUERREIROS DO RUNNING                         | 91 |
| 523 | 76  | PAULA SEVERINO                     | 01:59:36 | 01:59:05 | F0034 | RUN & WIN[E]                                  | 9  |
| 524 | 777 | TERESA SEPÚLVEDA                   | 01:59:50 | 01:59:10 | F4044 | ASICSFRONTRUNNER                              | 12 |
| 525 | 523 | PAULO PEREIRA                      | 01:59:53 | 01:59:31 | M4044 | JUVENTUDE ATLÉTICO CLUBE                      | 82 |
| 526 | 565 | FILIPE NUNES                       | 01:59:55 | 01:59:23 | M3539 |   | 67 |
| 527 | 603 | AGOSTINHO MARQUES                  | 02:00:07 | 01:59:19 | M6569 | CASA DO BENFICA DO SEIXAL                     | 6  |
| 528 | 185 | NUNO SANTOS                        | 02:00:17 | 01:59:40 | M4044 | MOZRUN  | 83 |

|     |     |                             |          |          |       |  |    |
|-----|-----|-----------------------------|----------|----------|-------|--|----|
| 529 | 163 | MARCELO FONSECA             | 02:00:18 | 01:59:44 | M0034 |  | 78 |
| 530 | 516 | DUARTE COSTA                | 02:00:33 | 01:59:36 | M0034 | COBRAS                                   | 79 |
| 531 | 30  | NUNO GOMES                  | 02:00:40 | 01:59:59 | M5559 | CCRAM                                    | 52 |
| 532 | 714 | ISABEL FRANÇA               | 02:00:48 | 02:00:11 | F5054 | ISABEL FRANÇA                            | 9  |
| 533 | 795 | BÁRBARA PIASSAROLLO         | 02:00:51 | 02:00:10 | F4044 | B2PTRUNNING                              | 13 |
| 534 | 756 | GONÇALO SANTOS LOPES        | 02:00:59 | 02:00:18 | M4549 | AR MARGEM SUL                            | 92 |
| 535 | 723 | ANDRÉ JANEKO                | 02:01:10 | 01:59:50 | M3539 | ADR RELÂMPAGO                            | 68 |
| 536 | 786 | ANA PATRÍCIA ANACLETO       | 02:01:11 | 02:00:33 | F4549 | WALKANDRUN / WERUN                       | 16 |
| 537 | 315 | INÊS GOMES                  | 02:01:17 | 02:00:27 | F0034 |  | 10 |
| 538 | 718 | MARIA TATIANA ANTUNES       | 02:01:20 | 02:00:45 | F3539 | À PALA DA CUECA                          | 7  |
| 539 | 544 | TIAGO VIEIRA                | 02:01:26 | 02:00:48 | M4549 |  | 93 |
| 540 | 780 | DEIVID DE OLIVEIRA FERREIRA | 02:01:41 | 02:01:31 | M4044 | CASA-SE COMIGO CAMILLA?                  | 84 |
| 541 | 115 | NUNO MARCO DE OLIVEIRA      | 02:01:48 | 02:01:11 | M5054 | CORRER LOURES                            | 80 |
| 542 | 536 | NICOLAE LUPAN               | 02:02:04 | 02:01:08 | M0034 | COBRAS                                   | 80 |
| 543 | 653 | NUNO CÔRTE-REAL             | 02:02:04 | 02:01:33 | M5559 | NUNO CÔRTE-REAL                          | 53 |
| 544 | 774 | AGATA PODVORSKA             | 02:02:04 | 02:01:45 | F0034 |  | 11 |
| 545 | 378 | JOSÉ BRITO                  | 02:02:10 | 02:01:27 | M5054 | GMCJAMOR                                 | 81 |
| 546 | 139 | RUI FERNANDES               | 02:02:11 | 02:00:53 | M5054 |  | 82 |
| 547 | 497 | GRACE FERNANDES             | 02:02:18 | 02:01:36 | F5054 | GMCJAMOR                                 | 10 |
| 548 | 584 | RUI FERREIRA                | 02:02:25 | 02:02:04 | M4549 | CASA DO BENFICA EM ALGUEIRÃO MEM MARTINS | 94 |
| 549 | 366 | VERA TOLÊDO                 | 02:02:25 | 02:02:06 | F4549 | CASA DO BENFICA EM ALGUEIRÃO MEM MARTINS | 17 |
| 550 | 161 | JOÃO MARIA                  | 02:02:26 | 02:01:52 | M0034 |  | 81 |

## DUARTE

|     |     |                                       |          |          |       |                                       |    |
|-----|-----|---------------------------------------|----------|----------|-------|---------------------------------------|----|
| 551 | 109 | EUCINÁRIO<br>PINHEIRO                 | 02:02:29 | 02:01:54 | M5559 | FIDELIDADE GDC                        | 54 |
| 552 | 554 | PAULO<br>PEREIRA                      | 02:02:32 | 02:02:05 | M5054 | SERVIÇOS SOCIAIS MONTEPIO             | 83 |
| 553 | 609 | RICARDO<br>SIMÕES                     | 02:02:36 | 02:02:10 | M5559 | GDCTINCM                              | 55 |
| 554 | 608 | SÓNIA<br>CORREIA                      | 02:02:38 | 02:02:11 | F4549 | GDCTINCM                              | 18 |
| 555 | 475 | JOSÉ<br>AUGUSTO<br>QUINTA<br>BÁRBARA  | 02:02:42 | 02:02:20 | M5559 | ÁGUIAS DA ESTRADA                     | 56 |
| 556 | 485 | MANUELA<br>PINTO                      | 02:02:44 | 02:02:17 | F6064 | VEREDAS DE NOUDAR -<br>BARRANCOS      | 2  |
| 557 | 103 | SARA CATITA                           | 02:02:45 | 02:02:04 | F3539 | RUN 4 FUN                             | 8  |
| 558 | 480 | RITA ABREU<br>LOPES DE<br>PINHO LOPES | 02:03:00 | 02:02:14 | F4549 |                                       | 19 |
| 559 | 583 | RICARDO<br>DINIS                      | 02:03:15 | 02:02:40 | M4044 | CORRER LOURES                         | 85 |
| 560 | 416 | NUNO<br>SEQUEIRA                      | 02:03:17 | 02:02:32 | M0034 |                                       | 82 |
| 561 | 247 | TOMÁS<br>BASTOS                       | 02:03:30 | 02:02:41 | M0034 |                                       | 83 |
| 562 | 732 | PEDRO MELO                            | 02:03:31 | 02:03:09 | M5559 |                                       | 57 |
| 563 | 707 | SUSANA                                | 02:03:45 | 02:03:03 | F3539 | AR MARGEM SUL                         | 9  |
| 564 | 241 | LUIS FILIPE B<br>SANTOS               | 02:03:48 | 02:03:48 | M5054 |                                       | 84 |
| 565 | 560 | CARLOS<br>MAGALHÃES                   | 02:03:52 | 02:03:09 | M5559 | SÓNIA CRISTINA DOS SANTOS<br>LOUREIRO | 58 |
| 566 | 408 | CARLOS<br>MARTINS                     | 02:03:54 | 02:02:57 | M5054 |                                       | 85 |
| 567 | 662 | ANDRÉ<br>RIBEIRO                      | 02:04:03 | 02:03:41 | M0034 | GMCJAMOR                              | 84 |
| 568 | 487 | RITA ROMA                             | 02:04:04 | 02:03:12 | F4044 |                                       | 14 |
| 569 | 520 | VÍTOR<br>GUIMARÃES                    | 02:04:07 | 02:03:21 | M5559 |                                       | 59 |
| 570 | 322 | PAULO SILVA                           | 02:04:07 | 02:03:23 | M5054 |                                       | 86 |
| 571 | 446 | FILIPA<br>FERNANDES                   | 02:04:10 | 02:03:31 | F4044 | AMORASUB/ASSOCIAÇÃO<br>NAVAL AMORENSE | 15 |

|     |     |                           |          |          |       |  |    |
|-----|-----|---------------------------|----------|----------|-------|--|----|
| 572 | 519 | LUIS HENRIQUES            | 02:04:11 | 02:04:11 | M5559 |  | 60 |
| 573 | 728 | RITA CERTÃ                | 02:04:20 | 02:03:33 | F4549 | TARTARUGAS SOLIDÁRIAS                  | 20 |
| 574 | 462 | DANIEL RODRIGUES          | 02:04:34 | 02:03:59 | M4044 |  | 86 |
| 575 | 452 | JOSÉ MANUEL MARQUES       | 02:04:39 | 02:03:48 | M6569 | ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO | 7  |
| 576 | 748 | PAULO SEABRA              | 02:04:41 | 02:03:20 | M4044 |  | 87 |
| 577 | 336 | ELISABETE ASSUNÇÃO        | 02:04:48 | 02:03:42 | F5054 | ASSUNÇÃO                               | 11 |
| 578 | 176 | ANDRÉ FONSECA             | 02:04:51 | 02:03:54 | M0034 |  | 85 |
| 579 | 338 | DIOGO MARQUES             | 02:04:52 | 02:03:33 | M0034 | DIOGO FILIPE DE FIGUEIREDO MARQUES     | 86 |
| 580 | 725 | SARA CARVALHO             | 02:04:59 | 02:04:01 | F4549 |  | 21 |
| 581 | 566 | FÁBIO SEQUEIRA            | 02:05:00 | 02:04:15 | M0034 | AMORA DOGS                             | 87 |
| 582 | 238 | DARRYL BANNON             | 02:05:17 | 02:04:39 | M4549 |  | 95 |
| 583 | 280 | RALPH KETTEL              | 02:05:20 | 02:04:35 | M5054 |  | 87 |
| 584 | 125 | BRUNO GONÇALO SERRA LOPES | 02:05:23 | 02:04:41 | M4044 | CDR ÁGUIAS UNIDAS                      | 88 |
| 585 | 426 | JORGE ALVES               | 02:05:23 | 02:04:48 | M6569 |  | 8  |
| 586 | 526 | JORGE PEDREIRA            | 02:05:24 | 02:04:45 | M4549 |  | 96 |
| 587 | 40  | JOSÉ RECHENA              | 02:05:25 | 02:04:11 | M6569 | CCRAM                                  | 9  |
| 588 | 156 | ANTONIO MELGAO            | 02:05:44 | 02:05:02 | M4549 | ANTONIO MELGAO                         | 97 |
| 589 | 203 | CARLOS VIEIRA             | 02:06:14 | 02:05:38 | M5559 | CORRER LOURES                          | 61 |
| 590 | 535 | ALBERTINO PACHECO         | 02:06:34 | 02:06:12 | M6064 | JUVENTUDE ATLÉTICO CLUBE               | 18 |
| 591 | 189 | PAULO PINHEIRO            | 02:06:37 | 02:06:37 | M5054 | BRUNO FIGUEIREDO                       | 88 |
| 592 | 343 | BRUNO FIGUEIREDO          | 02:06:37 | 02:05:23 | M4044 | BRUNO FIGUEIREDO                       | 89 |
| 593 | 503 | SEBASTIAN MAZUR           | 02:06:46 | 02:06:36 | M0034 | CCD SIEMENS                            | 88 |
| 594 | 294 | ANTÓNIO PAULO             | 02:06:53 | 02:06:33 | M5559 | TARTARUGAS NOTURNAS                    | 62 |

## FERREIRA

|     |     |                                |          |          |       |  |     |
|-----|-----|--------------------------------|----------|----------|-------|--|-----|
| 595 | 785 | SÓNIA FERREIRA                 | 02:06:56 | 02:06:37 | F4044 | CASA DO BENFICA EM ALGUEIRÃO MEM MARTINS | 16  |
| 596 | 482 | ANA FILIPA COSTA SANTOS        | 02:07:01 | 02:07:01 | F4044 | RODOLFO GONÇALVES SANTINHOS CAETANO      | 17  |
| 597 | 445 | ANDREIA ANDRADE CLEMENTE       | 02:07:08 | 02:06:24 | F4044 | PAPA MILHAS AV                           | 18  |
| 598 | 654 | NUNO ALVINO                    | 02:07:15 | 02:06:44 | M4549 |  | 98  |
| 599 | 794 | RAFAEL AZRIEL                  | 02:07:25 | 02:06:32 | M5559 |  | 63  |
| 600 | 330 | JOÃO SILVA                     | 02:07:28 | 02:06:53 | M6064 | ATR - ALGARVE TRAIL RUNNING              | 19  |
| 601 | 230 | FRANCELINO                     | 02:07:36 | 02:06:19 | M4549 | INDIVIDUAL                               | 99  |
| 602 | 93  | RODOLFO RAPAÇ                  | 02:07:41 | 02:06:55 | M5054 | RODOLFO RAPAÇ                            | 89  |
| 603 | 187 | PEDRO MIGUEL RODRIGUES VICENTE | 02:07:54 | 02:07:15 | M4549 | CCD CRÉDITO AGRICOLA                     | 100 |
| 604 | 311 | PAULO CÉSAR DA SILVA MISSAS    | 02:07:56 | 02:07:11 | M4044 | PAPA MILHAS AV                           | 90  |
| 605 | 295 | ANABELA SANTOS                 | 02:08:04 | 02:07:30 | F5054 | LINDA-A-PASTORA SPORTING CLUBE           | 12  |
| 606 | 409 | MARTINA DZIEKANIKOVÁ           | 02:08:13 | 02:07:13 | F4549 |  | 22  |
| 607 | 437 | HELENA SANTOS                  | 02:08:31 | 02:08:01 | F4044 | CORRER LISBOA                            | 19  |
| 608 | 432 | PEDRO COSTA                    | 02:08:31 | 02:08:01 | M4549 | CORRER LISBOA                            | 101 |
| 609 | 369 | HUGO FIGUEIREDO                | 02:08:34 | 02:07:51 | M4044 | HUGO FIGUEIREDO                          | 91  |
| 610 | 414 | MARIA DA LUZ CONCHINHA         | 02:08:34 | 02:07:43 | F6569 | MARIA                                    | 1   |
| 611 | 504 | ANDRÉ DIAS                     | 02:08:34 | 02:07:46 | M3539 | ONTRISPORTS                              | 69  |
| 612 | 752 | PAULO RODRIGUES                | 02:08:35 | 02:07:58 | M4549 | PAULO RODRIGUES                          | 102 |
| 613 | 471 | ELISABETE SILVA                | 02:08:48 | 02:08:01 | F4044 | À PALA DA CUECA                          | 20  |
| 614 | 637 | RODRIGO LUCAS                  | 02:08:57 | 02:07:55 | M0034 |  | 89  |
| 615 | 333 | PEDRO FONSECA                  | 02:09:04 | 02:08:18 | M0034 |  | 90  |

|     |     |                         |          |          |       |                                  |     |
|-----|-----|-------------------------|----------|----------|-------|----------------------------------|-----|
| 616 | 719 | ANA PAULA SOUSA         | 02:09:08 | 02:08:03 | F6064 | JOMA                             | 3   |
| 617 | 578 | MÁRIO MARTINS           | 02:09:15 | 02:08:05 | M4549 |                                  | 103 |
| 618 | 763 | LUIS                    | 02:09:18 | 02:08:05 | M5054 |                                  | 90  |
| 619 | 495 | SAMANTA                 | 02:09:33 | 02:09:33 | F0034 | NX HOTELARIA                     | 12  |
| 620 | 792 | ANDRÉ SALVADOR          | 02:09:52 | 02:08:27 | M4044 |                                  | 92  |
| 621 | 291 | JORGE NUNES             | 02:10:49 | 02:10:10 | M5559 | JORGE NUNES                      | 64  |
| 622 | 749 | ANDRÉ TRIPPMACHER LOPES | 02:11:04 | 02:10:23 | M0034 |                                  | 91  |
| 623 | 636 | CÉLIA AFONSO            | 02:11:06 | 02:10:02 | F5559 | CATA-CLUBE DE ATLETISMO DE AMORA | 5   |
| 624 | 710 | CARLA DUARTE            | 02:12:02 | 02:11:12 | F5054 | GDCTINCM                         | 13  |
| 625 | 610 | JOSÉ LIBERATO           | 02:12:03 | 02:11:13 | M4549 | GDCTINCM                         | 104 |
| 626 | 634 | LUÍS CABAÇA             | 02:12:05 | 02:11:16 | M4549 | TARTARUGAS SOLIDÁRIAS            | 105 |
| 627 | 209 | PEDRO LOUREIRO          | 02:12:08 | 02:11:30 | M5054 |                                  | 91  |
| 628 | 551 | DANIEL SILVÉRIO         | 02:12:17 | 02:11:46 | M4549 | G.D.R. SÃO FRANCISCO DA SERRA    | 106 |
| 629 | 430 | ANA FILIPA DIAS         | 02:12:21 | 02:11:24 | F4549 | FOODEIVOS                        | 23  |
| 630 | 287 | ANDREIA VICENTE         | 02:12:23 | 02:12:23 | F3539 | FOODEIVOS                        | 10  |
| 631 | 493 | SUSANA PACHECO          | 02:12:31 | 02:12:02 | F4044 |                                  | 21  |
| 632 | 325 | HENRIQUE ALVAREDO       | 02:12:35 | 02:11:37 | M6569 |                                  | 10  |
| 633 | 740 | JOÃO JORGE              | 02:12:45 | 02:11:25 | M4549 |                                  | 107 |
| 634 | 773 | RAFAEL SIVEIRA          | 02:12:46 | 02:11:36 | M0034 | SPORTING PIRATES                 | 92  |
| 635 | 525 | ANTÓNIO ALVES (TOZÉ)    | 02:13:00 | 02:12:02 | M5054 | CDC DO CASAL DO MARCO            | 92  |
| 636 | 240 | MICHELLE CROSS          | 02:13:23 | 02:12:29 | F5559 | WARE JOGGERS                     | 6   |
| 637 | 472 | SANDRA CARDOSO          | 02:13:25 | 02:12:45 | F5054 |                                  | 14  |
| 638 | 26  | EDUARDO POÇAS           | 02:13:38 | 02:12:48 | M4549 | GRCD LEIÃO                       | 108 |

|     |     |                                |          |          |       |  |     |
|-----|-----|--------------------------------|----------|----------|-------|--|-----|
| 639 | 486 | ANA AMARO                      | 02:13:46 | 02:13:46 | F5054 | CDR ÁGUIAS UNIDAS                      | 15  |
| 640 | 821 | RODRIGO CAETANO                | 02:14:06 | 02:13:24 | M4044 |  | 93  |
| 641 | 556 | JULIA CALISTO                  | 02:14:21 | 02:13:27 | F6064 | JOÃO CALISTO                           | 4   |
| 642 | 285 | ALDA VIEIRA                    | 02:14:37 | 02:14:24 | F5054 | SC. SALGUEIROS ATLETISMO               | 16  |
| 643 | 36  | RENATO CORREIA                 | 02:14:40 | 02:13:41 | M4549 | CCRAM                                  | 109 |
| 644 | 237 | PAULO J. B. FRANCISCO          | 02:14:40 | 02:14:12 | M6064 | A NATUREZA ENSINA                      | 20  |
| 645 | 643 | SAMUEL SILVA                   | 02:15:07 | 02:13:56 | M0034 | SPORTING PIRATES                       | 93  |
| 646 | 360 | CAROLINA PRATA                 | 02:15:20 | 02:14:50 | F0034 | NUNO MIGUEL RAMOS BENEVIDES PRATA      | 13  |
| 647 | 568 | JOÃO CARLOS RITA PEREIRA RIOS  | 02:15:24 | 02:14:18 | M6064 | FARO,PEGADAS À 4ª FEIRA                | 21  |
| 648 | 449 | MAGNIFICA ALVAREDO             | 02:15:38 | 02:14:29 | F6569 |  | 2   |
| 649 | 344 | NELI BARREIROS                 | 02:16:05 | 02:14:59 | F4549 | NELI                                   | 24  |
| 650 | 751 | ANDRÉ RODRIGUES                | 02:16:20 | 02:15:33 | M0034 | BARBARONS                              | 94  |
| 651 | 764 | DIOGO MANUEL PIEDADE PEREIRA   | 02:16:22 | 02:15:37 | M0034 | LOSTBARZ                               | 95  |
| 652 | 811 | PAULO REVES                    | 02:16:30 | 02:15:32 | M5054 | CCRAM                                  | 93  |
| 653 | 332 | LÍDIA VIEIRA                   | 02:16:37 | 02:15:46 | F5054 | ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO | 17  |
| 654 | 518 | MANUEL AZEVEDO ANUNCIAÇÃO      | 02:16:44 | 02:16:32 | M6569 |  | 11  |
| 655 | 720 | NUNO LUÍS LOURENÇO DE SOUSA    | 02:16:45 | 02:15:49 | M4549 |  | 110 |
| 656 | 328 | JACOB THROWE                   | 02:16:47 | 02:16:03 | M3539 |  | 70  |
| 657 | 239 | LYNSAY EVANS                   | 02:16:58 | 02:16:07 | F5559 | WARE JOGGERS                           | 7   |
| 658 | 357 | PAULO ROSA                     | 02:17:14 | 02:16:27 | M4549 |  | 111 |
| 659 | 479 | HELENA MARIA DE OLIVEIRA SÉCIO | 02:17:42 | 02:16:34 | F5559 | HELENA MARIA DE OLIVEIRA SÉCIO         | 8   |

|     |     |                                     |          |          |       |                                  |    |
|-----|-----|-------------------------------------|----------|----------|-------|----------------------------------|----|
| 660 | 443 | PEDRO FERREIRA                      | 02:17:44 | 02:16:36 | M5559 | PEDRO MIGUEL MADEIRA FERREIRA    | 65 |
| 661 | 227 | NAYARA PINHEIRO                     | 02:18:03 | 02:17:24 | F0034 | FIDELIDADE GDC                   | 14 |
| 662 | 45  | PEDRO MIGUEL SANTANA ARAUJO         | 02:18:32 | 02:18:32 | M4044 | GRUPO DESPORTIVO SANTANDER TOTTA | 94 |
| 663 | 250 | PEDRO RIBEIRO                       | 02:18:39 | 02:17:40 | M4044 |                                  | 95 |
| 664 | 606 | JOÃO COUTINHO                       | 02:18:42 | 02:17:43 | M6569 | CDC DO CASAL DO MARCO            | 12 |
| 665 | 245 | ANA RITA ROSA SEIXO                 | 02:18:42 | 02:17:43 | F4044 | ANA RITA ROSA SEIXO              | 22 |
| 666 | 410 | VERONIK PSZCZOLKOVÁ                 | 02:18:43 | 02:17:44 | F4549 |                                  | 25 |
| 667 | 797 | INÊS REGALADO DE RODRIGUES BERNARDO | 02:19:24 | 02:19:03 | F4044 | CF OS BELENENSES                 | 23 |
| 668 | 148 | CARLOS JESUS                        | 02:20:00 | 02:18:57 | M4044 | RUN 4 FUN                        | 96 |
| 669 | 114 | OSCAR ASSUNÇÃO                      | 02:21:15 | 02:20:09 | M5559 | ASSUNÇÃO                         | 66 |
| 670 | 510 | MANUEL NOBRE BAPTISTA               | 02:21:47 | 02:20:37 | M6064 | SS CGD                           | 22 |
| 671 | 316 | MÁRIO MANUEL PEREIRA ANJO           | 02:22:14 | 02:21:29 | M6064 | TRILHOS DO COSTUME               | 23 |
| 672 | 447 | GESSINA COSTA MENDES                | 02:22:15 | 02:21:31 | F5559 | TRILHOS DO COSTUME               | 9  |
| 673 | 688 | ODETE FRANCISCO                     | 02:24:47 | 02:23:43 | F5054 |                                  | 18 |
| 674 | 676 | PAULO GIL                           | 02:24:53 | 02:23:52 | M5054 | PAULO JOSÉ CAROLINO GIL          | 94 |
| 675 | 444 | CECÍLIA CRAVEIRO                    | 02:25:26 | 02:24:40 | F5054 |                                  | 19 |
| 676 | 61  | PEDRO SANTOS                        | 02:27:26 | 02:26:11 | M0034 | CCRAM                            | 96 |
| 677 | 131 | MARIO PIRES                         | 02:27:48 | 02:26:41 | M6569 | INDIVIDUAL                       | 13 |
| 678 | 110 | LUÍS SANTOS                         | 02:30:25 | 02:29:35 | M5054 | ZATOPEQUES                       | 95 |
| 679 | 555 | JOÃO FRANCO                         | 02:30:25 | 02:29:35 | M5559 | CAMINHADA KILAMBA                | 67 |



|     |     |                            |          |          |       |                |     |
|-----|-----|----------------------------|----------|----------|-------|----------------|-----|
| 680 | 154 | EURICO VELEZ<br>DURÃO      | 02:30:27 | 02:29:33 | M6569 |                | 14  |
| 681 | 563 | DANIEL<br>PEREIRA<br>COSTA | 02:32:17 | 02:31:07 | M0034 |                | 97  |
| 682 | 602 | MARLENE<br>GASPAR          | 02:32:44 | 02:32:19 | F4549 | MARLENE GASPAR | 26  |
| 683 | 684 | LUIS ALLEN                 | 02:33:39 | 02:33:39 | M6064 | CFLGP          | 24  |
| 684 | 505 | TIAGO<br>BANDEIRA          | 02:35:15 | 02:34:18 | M4549 |                | 112 |
| 685 | 810 | RONNIE SMITH               | 02:38:01 | 02:36:47 | F0034 |                | 15  |
| 686 | 562 | HÉLDER VIEIRA<br>COSTA     | 02:40:41 | 02:39:36 | M5054 |                | 96  |
| 687 | 645 | LUÍS SILVA<br>MATOS        | 02:46:06 | 02:45:38 | M5559 |                | 68  |